



**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220



**Cedar Grove Recreation, in conjunction with US Sports Institute,
will be offering new Fall programs!**

Soccer Squirts (Parent & Me)

Who: Ages 2 & 3 (with a parent)

Where: Community Park

When: Mondays 4:00-5:00pm

Dates: September 17-October 29

Fee: \$149/child

Soccer Squirts

Who: Ages 3-5

Where: Community Park

When: Mondays 4:00-5:00pm **OR** 5:00-6:00pm

Fridays 4:00-5:00pm

Dates: September 17-October 29

Fee: \$149/child

Description: Soccer Squirts is a great way to introduce young children to the exciting game of soccer. Our progressive curriculum enables each child to develop their skills and understanding of the game, ball handling, kicking, agility and other basic fundamentals.

T-Ball Squirts

Who: Ages 4-5 and Ages 6-7

Where: Community Park

When: Fridays Ages 4-5: 4:00-5:00pm **OR** 5:00-6:00pm; Ages 6-7: 5:00-6:00pm

Dates: September 21-November 2

Fee: \$149/child

Description: T-Ball Squirts is a great way to introduce young children to the exciting games of baseball & softball. Our progressive curriculum enables each child to develop their skills and understanding of the game, focusing on hitting, throwing, catching and running the bases.

For registration please visit usasportgroup.com and type in Cedar Grove zip code 07009