



## **11/20/2018**

# **DIABETES AWARENESS MONTH: A DAY IN THE LIFE OF DIABETES**

Join the Montclair Department of Health and Human Services, Montclair Public library and Hackensack Meridian Health Mountainside Medical Center for an informative session on Diabetes. Program participants will learn about Diabetes risk factors, nutrition and how to manage/address complications will be discussed.

Glucose screenings will be available. *Presented by Christina Vassallo, Nurse Practitioner*

**DID YOU KNOW  
NOVEMBER IS  
NATIONAL DIABETES  
AWARENESS  
MONTH?**

**TUESDAY, NOV. 20<sup>TH</sup>  
11:30AM - 12:30PM**

**MONTCLAIR PUBLIC  
LIBRARY, 50 SOUTH  
FULLERTON AVENUE.  
CALL 973-744-0500  
TO REGISTER.**

**MONTCLAIR  
DEPARTMENT OF  
HEALTH**

205 Claremont Ave.  
Montclair, NJ 07042

[www.montclairnjusa.org](http://www.montclairnjusa.org)

M – F / 9:00am – 4:00pm



Hackensack  
Meridian Health  
Mountainside Medical Center

**MONTCLAIR  
PUBLIC  
LIBRARY**



**Montclair**  
DEPARTMENT OF HEALTH & HUMAN SERVICES