

The Cedar Grove Public Library January 2019 Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 LIBRARY CLOSED Happy New Year!	2 9a Yoga Class 10:30a Tai Chi Class 1p Afternoon Movie (Operation Finale)	3 10:00a Strength Training 10a Pre-K Story Time 1p Mahjong Club 1:30p Knitting Knitch Knitting Club	4 "Sing-a-Song" Music for Children @10:30a 1p Bridge Club 3:45p Chess Club	5 Strength Training for Seniors @10 a Saturday Story Time with Miss Natalie @11:30a
6	7 10am Sketching 6:30p Stitch-In Knitting Club 7-8p Overbrook Writers	8 10a Wee Read Story Time NO CHAIR YOGA 1p Mahjong Club 1p Bridge Club	9 9a Yoga Class 1p Afternoon Movie (Little Women)	10 10a Pre-K Story Time 10:30a Tai Chi Class 1p Mahjong Club 1:30p Knitting Knitch Knitting Club	11 NO KIDS YOGA 1p Bridge Club 3:45p Chess Club	12 Slow Down Saturday Starts at 10 am
13	14 10am Sketching 6:30p Stitch-In Knitting Club 7-8p Overbrook Writers	15 10a Wee Read Story Time NO CHAIR YOGA 1p Mahjong Club 1p Bridge Club 6:30p Culinary Club Theme: Creative Crock	16 9a Yoga Class 10:30a Tai Chi Class 1p Afternoon Movie (The Bookshop) 3:30p Make & Take Craft Evening Movie @5:15p "A Simple Favor" (Rated R)	17 10:00a Strength Training 10a Pre-K Story Time 1p Mahjong Club 1:30p Knitting Knitch Knitting Club 6:30p Cedar Readers II Book Club	18 "Sing-a-Song" Music for Children @10:30a 11a Cedar Readers I Book Club 1p Bridge Club NO CHESS	19 Enjoy Explore India Rangeelo Rajasthan workshop 11 am
20	21 LIBRARY CLOSED Martin Luther King Day	22 10a Wee Read Story Time 10a Chair Yoga 11am Let's Talk Nutrition 1p Mahjong Club 1p Bridge Club 3:30p Winter BINGO	23 9a Yoga Class 1p Afternoon Movie (The Old Man and the Gun) Snow date for the 5:15 movie	24 10a Pre-K Story Time 10:30a Tai Chi Class 1p Mahjong Club 1:30p Knitting Knitch Knitting Club Social Security Q & A @6:30 pm	25 10a Toddler Dance Party 1p Bridge Club 3:45p Chess Club	26 Yoga for Adults @9:30a
27 	28 10am Sketching Scrapbooking 1-3pm 6:30p Stitch-In Knitting Club 7-8p Overbrook Writers	29 10a Wee Read Story Time 10a Chair Yoga 1p Mahjong Club 1p Bridge Club	30 9a Yoga Class 1p Afternoon Movie (The Hate You Give)	31 10a Pre-K Story Time 1p Mahjong Club 1:30p Knitting Knitch Knitting Club		

Special Events January 2018

Holiday Closings

Tuesday, January 1 - New Years Day
Monday January 21 - Martin Luther King Day

Strength Training

Join Instructor Lena Kalle on
Thursday, January 4 and January 18 @10am
Cardio, Strength & Stretch to a more healthier you!
And, we now will be offering a class the first Saturday
of the month beginning January 5 @10 am!

Sketching Class

Join Sally from Artsy Crafts in Caldwell
Draw, Sketch and learn! Starting
Monday, January 7 @10 am (6 Sessions). Sign up.

Overbrook Writers

Beginning Monday, January 7 from 7 to 8 pm and
every Monday thereafter we will host a writing
support and discussion group. Regardless of whether
you write in a notebook or type on a computer, come
meet other local writers, discuss the craft, and learn
more about the tools that are out there.

Early Evening Movie

Wednesday, January 16 @5:15pm
Comedy/Drama "A Simple Favor" (Rated R)
Light refreshments will be served.
Snow Date: Wednesday, January 23

Library Board Meeting

Thursday, January 10 @6pm

Slow Down Saturday

Saturday, January 12 @10 am
Enjoy a fun Saturday morning playing board games,
making crafts, knitting looms etc.. We have many
games to choose from and snacks will be served too!!!

Chair Yoga

Tuesday, January 22 & January 29 @10:00am
Gentle stretching, yoga poses, breathing exercises
done in chairs or with support of chairs as props.
NO CHAIR YOGA TUESDAY, JANUARY 8 & January 15

Regular Programs at the Cedar Grove Public Library

- Free Yoga every Wednesday @9am.
- Tai Chi the first & third Wednesday & the second & fourth Thursday of every month @10:30am.
- A movie every Wednesday afternoon at 1pm.
- Bridge Club meets every Tuesday & Friday @1p.
- Mahjong Club meets every Tuesday & Thursday @1:30pm.
- Culinary Club meets the third Tuesday of every month @6:30pm. This month's theme is "Creative Crock-Pot Dishes"
- Cedar Readers Book Club I & II meet the third Friday @11:00am and Thursday @6:30pm of each month respectively.
Cedar Readers I will be reading and discussing "Rules of Civility" by Amar Towles
Cedar Readers II will be reading and discussing "Orphan Train" by Christina Baker Kline
- A knitting club on Monday @6:30p and Thursday @1:30pm every week.

Rangeelo by Enjoy Explore India

Saturday - January 19 @11:00 am
Improve your posture and position your way to health.
Learn the necessity of maintaining a proper posture &
the impact a strong core has on overall health
Designed for every age group.

Let's Talk Nutrition


Tuesday, January 22 @11 am
Carol Brush from Blue Cross/Blue Shield will speak
about nutrition and eating healthy for the New Year!
Free and open to all.

Social Security Workshop

Thursday, January 24 @6:30 pm
Do you have questions about social security?
Come to this informative workshop and get answers.

Stop by and view the works of our Watercolor
Class artists

CHILDREN'S EVENTS & STORY TIMES

 Wee Read Story Time (ages 0-3) every
Tuesday @10am

Pre K Story Time (ages 3-5) every
Thursday @10am

Sing-a-Song Music

Friday, January 4 & Friday January 18 @10:30 am
Join us for a fun, interactive music enrichment
program. Best for ages
2 ½-5.

Saturday Story Snacks

Saturday, January 5 @11:30am
Join Miss Natalie for a special Saturday morning
story time and making an edible craft.

NO Family Yoga in January

Make and Take

Wednesday, January 16 @3:30pm
Children of all ages are welcome to join in as we
make a wonderful wintry craft.

Winter BINGO

Tuesday, January 22 @3:30pm
Warm the kids up at the library with some rousing
rounds of Winter BINGO!

CHESS CLUB

Fridays: January 4, January 11, & January 25
@3:45pm NO CHESS January 18
Children ages 6-13 - Learn the ins and outs of
chess from our talented instructor, John Hagerty.

MORE ADULT EVENTS!

Saturday Yoga

January 26, 2019 @9:30 am
Instructor: Anjum Desai

Scrapbooking Workshop

Mon. January 28 at 1-3p - Walk-ins welcome
Instructor: Constance Seugling