



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

# Hardcore Hoops Summer Basketball Camp

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
"LIKE" US ON FACEBOOK, [www.facebook.com/cedargroverec](http://www.facebook.com/cedargroverec) or  
"FOLLOW" US ON TWITTER, @CedarGroveRec**

- **Who:** Girls & Boys entering 1<sup>st</sup>-8<sup>th</sup> grade in September '19  
**LIMITED SPACE**
- **Where:** Cedar Grove High School – 90 Rugby Rd., Cedar Grove
- **When:** June 24 - June 28
- **Times & Fee:** Entering 1<sup>st</sup> & 2<sup>nd</sup> Grades; 9:00am-12:00pm - **\$125**  
Entering 3<sup>rd</sup>-8<sup>th</sup> Grades; 9:00am-3:00pm - **\$175**  
**Late fee of \$10 will be added after 6/14/19-NO REFUNDS AFTER 6/14**  
**CHECKS MADE PAYABLE TO TOWNSHIP OF CEDAR GROVE**

**Description:** This year Cedar Grove Rec will team up with Coach Joe, founder of Hardcore Hoops and NBA Trainer (<http://hardcorehoops.net/>), and the Cedar Grove High School Boys Varsity Basketball Coach, TJ Jones in a week long Fundamentals First Basketball Camp.

## Schedule:

9:00am- Attendance

9:15am- Stretching, Speed & Agility, Strength

10:00am- Snack Break

10:15am- Skill Work, Shooting, Dribbling, Passing, Defense, 1vs 1, Low Post

11:15am- Team Concepts & Games

12:00pm- 1<sup>st</sup>/2<sup>nd</sup> grade pick-up

12:15pm- Lunch; you have the option to purchase pizza for \$2/slice on a daily basis. There is also a cash concession for snacks & drinks. You can also opt to bring your own lunch/drinks/snacks.

12:45pm- Contests

1:45pm- Games

3:00pm- Departure



## Hardcore Hoops Basketball Camp – Summer 2019

NAME \_\_\_\_\_ GRADE (in Sept. 2019) \_\_\_\_\_ SEX: M F

HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_ PREFERRED HOSPITAL \_\_\_\_\_

Any Allergies/Health Conditions we should be aware of? (If Yes, explain) \_\_\_\_\_

**T-Shirt Size:** (Circle One) **YOUTH** OR **ADULT** Small Medium Large

I will not hold Hardcore Hoops LLC, Cedar Grove Township, Cedar Grove Recreation or any of their representatives responsible for any loss or injury I may incur while playing or practicing. I am in good health and able to participate without restriction. I also authorize Cedar Grove Recreation Department personnel/coaches to contact appropriate emergency personnel, should I need medical assistance. In conjunction with the child's participation in the recreation program, the Township may make or arrange to make certain images of a child or children participating in such activities, such as still photographs, video tapes or other recorded moving images. I consent to, give permission for and authorize the Township to use the images of the child.

Signature \_\_\_\_\_

Date \_\_\_\_\_