



The Cedar Grove Public Library April 2019 Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 7 National Library Week (Free Replacement Library Cards)	1 Defensive Driving Course (AARP) 9am to 4:15 pm Builders Brigade 4 to 5pm 6:30pm Stitch-In Knitting Club Overbrook Writers 7 pm	2 10am Wee Read 10am Chair Yoga 11 am Learn about Bemer & blood flow 1:30 pm Mahjong Club 1pm Bridge Club	3 9am Yoga Class 10:30am Tai Chi Class 1pm Afternoon Movie (Stan & Ollie) 7pm Autism Awareness Event	4 10am Strength Training 10am Pre-K Story Time 1:30pm Mahjong Club 1:30pm Knitting Knitch 6:30 pm Stress Reduction Workshop by Dr. Marco	5 10:30am "Sing-a-Song" Music for Children 1pm Bridge Club	6 Strength Training For Seniors @10 am Saturday Story Snacks with Miss Natalie @11:30am
	8 10am Watercolor Class 6:30pm Stitch-In Knitting Club Overbrook Writers @7 pm	9 10am Wee Read 10am Chair Yoga 10:30 am to 12 Writing Class 1:30 pm Mahjong Club 1pm Bridge Club	10 9am Yoga Class 2pm Afternoon Movie (Autism in Love) 3:30pm Spring Make n Take Craft (All ages) Early Evening Movie (Ben is Back) 5:15 pm	11 10am Pre-K Story Time 10:30am Tai Chi Class 1:30pm Mahjong Club 1:30pm Knitting Knitch 6pm Library Board Meeting	12 10am Kids Yoga 1pm Bridge Club	13 Slowdown Saturday 10am to 1pm 1:30 - 3:30 pm Stall Catchers Megathon
14	15 6:30pm Stitch-In Knitting Club Overbrook Writers @7 pm	16 NO WEE READ 10am Chair Yoga 10:30 am to 12 Writing Class 1:30 pm Mahjong Club 1pm Bridge Club 6:30pm Culinary Club Catch a Rainbow	17 9am Yoga Class 10:30am Tai Chi Class 1pm Afternoon Movie (On the Basis of Sex)	18 NO STORY TIME 12:30pm Strength Training 11a Morning Book Club @11 am 1:30pm Mahjong Club 1:30pm Knitting Knitch	19 Library Closed	20 Time Warp
21 	22 10am Drawing Class 6:30pm Stitch-In Knitting Club 5:30 pm Builders Brigade Overbrook Writers @7 pm	23 10am Wee Read 10:30 am to 12 Writing Class 10a Chair Yoga 1pm Bridge Club 1:30pm Mahjong Club 5:30 pm Flower Pens	24 9am Yoga Class 10:30am Tai Chi Class 1pm Afternoon Movie (Bigger) 3:30pm Kids Spring Bingo (All Ages Welcome) 7:30 pm Historical Society (Famous NJ Women)	25 10am Pre-K Story Time 10:30 am Dr. Stefanelli Alzheimers Talk 1:30pm Mahjong Club 1:30pm Knitting Knitch 5:30 pm Bead Necklaces 6:30 pm Evening Book Club 7 pm La Bella Musica Performance	26  ARBOR DAY 10am Toddler Dance Party 1pm Bridge Club FAMILY FUN NIGHT Let's Bloom Together 5:30 pm (Sign up required)	27 Yoga for Adults @9:30 am
28 	29 10am Watercolor Class Scrapbooking 1 to 3pm 6:30pm Stitch-In Knitting Club Overbrook Writers @7 pm	30 10am Chair Yoga 10:30 am to 12 Writing Class 1pm Bridge Club 1:30pm Mahjong Club	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>The Annual Autism Event is scheduled for Wednesday, April 3 @ 7pm with a screening of "Autism in Love", a documentary which follows four adults on the autism spectrum as they navigate the challenges of dating. Professional Development Certificates available for educators.</p> </div>			



Special Events April 2019

Defensive Driver Course

Sponsored by AARP Monday, April 1 (9 am to 4:15 pm) Must stay for the whole course to receive a certificate. Instructor, John Vajda

Overbrook Writers

Mondays, April 1, 8, 15, 22 & 29 from 7 to 8 pm. A writing discussion group. Whether you write in a notebook or type on a computer, come meet other local writers, discuss the craft, and learn more about the tools that are out there.

Bemer - Tues., April 2 @11 am

(after Chair Yoga) Bemer enhances blood flow, the body's oxygen supply, cardiac function and more. Come to a complimentary session on the Bemer and discuss what you can do for your overall health.

Annual Autism Event - Wed., April 3 @7 pm

See more details on front of calendar.

Stress Reduction - Thurs., April 4 @6:30 pm

A program for all - Topic: How to Deal with Stress. Dr. Marco Ferrucci of Chiropractic Source will lead an informative discussion about reducing stress in our everyday lives. Q & A Session will follow.

Writing Class with Lisa Romeo

Registration Required - Tuesday Mornings
April 9 to May 14 @10:30 am (6 Sessions)
WRITE YOUR LIFE - Learn to transform small slices and pivotal moments of everyday life-plus the big, life-changing events-into compelling memoir, essay, and nonfiction narratives.

Early Evening Movie

Wednesday, April 10 @5:15 pm
"Ben is Back" starring Julia Roberts (Rated R)

Slowdown Saturday

April 13 - 10 am to 1 pm (Crafts for all ages)
Enjoy a fun Saturday morning playing board games, making crafts, knitting looms etc. Snacks will be available too!

Regular Programs at the Cedar Grove Public Library

- Free Yoga every Wednesday @9am.
- Tai Chi will meet Wednesdays, April 3, 17 & 24 and Thursday, April 11 @10:30 am.
- A movie every Wednesday afternoon @ 1pm.
- Bridge Club meets every Tues. & Fri. @1pm.
- Mahjong Club meets every Tues. & Thurs. @1:30pm.
- Culinary Club meets Tuesday, April 16 month @6:30pm. This month's theme is "Catch A Rainbow" (Pick a food color from a hat)
- Weekly knitting clubs meet on Mon. @6:30pm & Thurs. @1:30pm.
- Chair Yoga every Tuesday @10am.
- Strength Training - Thursdays, April 4 @10am and April 18 @12:30 pm & Saturday, April 6 @ 10am.
- Cedar Readers I meets Thurs., April 18 @11am to discuss "Starting with Goodbye" by Lisa Romeo; Cedar Readers II meets Thurs., April 25 @6:30 pm to discuss "Love and Ruin" by Paula McLain.
- Scrapbooking - Monday, April 29 - 1 to 3 pm

Discussion About Alzheimers

Thursday, April 25 @10:30 am - Dr. Stefanelli
Alzheimer's Disease and Dementia what one can do?" Information on prevention and what one could do when symptoms begin to present themselves. Discuss the types of Alzheimer's disease and the various types of treatments that can be helpful.

Performance - La Bella Musica

Thursday, April 25 @7 pm (Refreshments will be served)
The Musicians of La Bella Musica specialize in renditions of Italian compositions. Each tune is introduced with a short explanation and a touch of humor. This talented musical quartet made is up of mandolins, a flutist and a guitarist. Registration recommended; walk ins welcome.

Historical Society Meeting

Wednesday, April 24@7:30 pm
Topic: Famous NJ Women; Presented by: Jim Del Giudice



CHILDREN'S EVENTS & STORY TIMES



Wee Read Story Time (ages 0-3) every Tuesday @10am (NO WEE READ APRIL 16)
Pre K Story Time (ages 3-5) every Thursday @10am (NO STORY TIME APRIL 18)

Builders Brigade (Ages 6-18) 4 - 5pm
Mon., April 1; Build with Lego® Bricks, share your creation with fellow builders! Projects displayed.

Sing-a-Song Music

Friday, April 5 @10:30am
Join us for a fun, interactive music enrichment program. Best for ages 2½-5.

Saturday Story Snacks

April 6 @11:30 am - Our stories and snack this month will celebrate the beaver.

Make and Take

Wednesday, April 10 @ 3:30pm - Children of all ages are welcome as we make a fun craft.

Kids Yoga

Friday, April 12 @10am Stretch and enjoy! (Ages 2½-5) Stretch and roll and have lots of fun!

Stall Catchers Megathon - Sat., April 13
1:30-3:30 pm - Check our Facebook Pg. for details

Week of April 22

Mon., April 22 - Builders Brigade. Tues., April 23 - Duct Tape Flower Pens, Thurs., April 25 - Bead necklaces. All events at 5:30 pm.

Spring Bingo for Kids

3:30 pm Wednesday, April 24 (All ages welcome)
Liven up your afternoon with some bingo fun!

Toddler Dance Party

Friday, April 26 @ 10 am (ages 2-5) Have fun moving & grooving & dance the hour away!!

Family Fun Night

Friday, April 26 @5:30pm (Sign Up Required)
Program: Let's Bloom Together. Each child will plant a flower in a pot then decorate their pot.