



The Cedar Grove Public Library May 2019 Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Meet Artist, Jane Ballinger Saturday, May 11 from 10a to 1:00p View her exhibit and take the opportunity to discuss her paintings. Demo by the artist at 11a Light refreshments will be available.</p>			<p>1 9a Yoga Class 10:30a Tai Chi Class 1p Afternoon Movie (Mary Poppins Returns)</p>	<p>2 10a Strength Training 10a Pre-K Story Time 11a Caregivers in the home 1:30p Mahjong Club 1:30p Knitting Knitch Knitting Club 6:30p Author, Cristina Guarneri, "El-Saddai"</p>	<p>3 Sing-a-Song Music for Children @10:30a 1p Bridge Club 3:45p Chess Club</p>	<p>4 Story Snacks with Miss Natalie @11:30a Comic Book Day! Strength Training For Seniors @10a</p>
<p>5</p>	<p>6 Drawing Class @10a Builders Brigade 4 to 5pm 6:30p Stitch-In Knitting Club Overbrook Writers @7 pm</p>	<p>7 10a Wee Read Story Time 10 am Chair Yoga 10:30a Memoir Writing Class 1:30p Mahjong Club 1p Bridge Club 6:30 Essential Oils</p>	<p>8 9a Yoga Class 1p Afternoon Movie (Arctic) 3:30p Make & Take Craft for kids 5:15p Movie (Can You Ever Forgive Me)</p>	<p>9 10a Pre-K Story Time 10:30a Tai Chi Class 1:30p Mahjong Club 1:30p Knitting Knitch Knitting Club 6:00p Library Board Meeting</p>	<p>10 10a Pre K Yoga (2 ½ to 5 years) 1p Bridge Club 3:45p Chess Club</p>	<p>11 "Meet & Greet" Artist, Jane Ballinger from 10a to 1p. Demo at 11a Slowdown Saturday @10a</p>
<p>12</p> <p>HAPPY MOTHER'S DAY!</p>	<p>13 Watercolor Class @10a 6:30p Stitch-In Knitting club Overbrook Writers @7 pm</p>	<p>14 LIBRARY CLOSED TO THE PUBLIC Districts 3, 4 & 5 Polling Site</p>	<p>15 9a Yoga Class 10:30a Tai Chi Class 1p Afternoon Movie (Maria by Callas)</p>	<p>16 10:00a Strength Training 10a Pre-K Story Time 1:30p Mahjong Club 1:30p Knitting Knitch Knitting Club 6:30p Cedar Readers II Book Club</p>	<p>17 "Sing-a-Song" Music for Children @10:30a 11a Cedar Readers I Book Club 1p Bridge Club 3:45p Chess Club</p>	<p>18 Yoga for Adults @9:30a 11a Music Program Mozart, his life & his influence.</p>
<p>19</p>	<p>20 Watercolor Class @10a Scrapbook Workshop 1-3p 6:30p Stitch-In Knitting Club Overbrook Writers @7 pm</p>	<p>21 10a Wee Read Story Time 10 am Chair Yoga 10:30a Memoir Writing Class 1p Mahjong Club 1p Bridge Club</p>	<p>22 9a Yoga Class 1p Afternoon Movie (Fighting with My Family) 3:30p Kids' Spring Bingo 7:30p Historical Society Meeting</p>	<p>23 10a Pre-K Story Time 10:30a Tai Chi Class 1:30p Mahjong Club 1:30p Knitting Knitch Knitting Club</p>	<p>24 10a Toddler Dance 1p Bridge Club NO CHESS</p>	<p>25 We're Open. Come in from 9a to 1p.</p>
<p>26</p>	<p>27 LIBRARY CLOSED Memorial Day</p>	<p>28 10a Wee Read Story Time 10 am Chair Yoga 1p Mahjong Club 1p Bridge Club</p>	<p>29 9a Yoga Class 1p Afternoon Movie (Apollo 11)</p>	<p>30 10a Strength Training 10a Pre-K Story Time 11a Dr. Stephanelli Topic: Dizziness, Vertigo 1:30p Mahjong Club 1:30p Knitting Knitch</p>	<p>31 10a Kids' Author "Ants in the Pants" 1p Bridge Club 3:45p Chess Club</p>	

Special Events May 2019

Meet the Author, Cristina Guarneri

Thursday, May 2 @6:00 p

Q&A Session, discussion on her new book, "El Shaddai"
Come listen to an interesting, informative talk.
Light Refreshments will be served.

Strength Training

Join Instructor Lena Kalle on

Saturday, May 4 @10a

Thursdays, May 2, May 16 & May 30 @10a

Cardio, Strength & Stretch to a more healthier you!

Caregivers in the Home

Shelia O'Donnell, RN will discuss home health care

Learn more on Thursday, May 2 @11 am. Medicare and
Social Security benefits will also be discussed.

Writing Class with Lisa Romeo

Registration Required - Tuesday Mornings

May 7 & May 21 @10:30 am NO CLASS TUES., MAY 14

WRITE YOUR LIFE MEMOIR CLASS -

Chair Yoga

Tuesdays, May 7, 21, & 28 @ 10:00a with Instructor,
Anjum Desai. NO CHAIR YOGA TUESDAY, MAY 14.

Essential Oils Presentation

Join Sherylee Caramucci on Tuesday, May 7 @6:30p

Learn how to use essential oils in your home.

Discussion will focus on using oils in cooking, cleaning
& creating a mood. Attendees will leave with samples.

Early Evening Movie

Wednesday, May 8 @5:15p

"Can You Ever Forgive Me" Starring Melissa McCarthy
(Rated R) Light refreshments will be served.

Slowdown Saturday

May 11 - 10a to 1p (Crafts for all ages)

Enjoy a fun Saturday morning playing board games,
making crafts, knitting looms etc. Snacks will be
available too!

Evening Concert

Mike Luipersbeck Trio, May 16 @6:30p

Jazz trio will perform favorites on piano, drums & bass.
Prepare for a delightful evening! Light refreshments.

Regular Programs at the Cedar Grove Public Library

- Free Yoga every Wednesday @9a.
- Tai Chi the first & third Wednesday & the second & fourth Thursday of every month @10:30a.
No Tai Chi the last week in May.
- A movie every Wednesday afternoon at 1p.
- Bridge Club meets every Tuesday & Friday @1p.
NO BRIDGE TUESDAY, MAY 14
- Mahjong Club meets every Tuesday & Thursday @1:30p. NO MAH JONG TUESDAY, MAY 14
- Culinary Club meets the third Tuesday of every month @6:30p. May's theme is "Burger Bash"
- Cedar Readers Book Club I & II meet the third Friday @11a and Thursday @6:30p of each month respectively.
Cedar Readers I will be reading and discussing
"The Stolen Marriage" by Diane Chamberlain
Cedar Readers II will be reading and discussing
"The Lonely Witness" by William Boyle
- A knitting club on Monday @6:30p and Thursday @1:30p every week.

♪ Mozart - His Life, His influence ♪

Saturday, May 18 @11 am - Slide Show -- Music will
be played by presenter, Dan Lupo - Enjoy a pleasant
morning. learning about this influential composer and

Scrapbooking

Monday, May 20 from 1p to 3p with Instructor,
Constance Seugling.

Historical Society Meeting -

"The Garden State: Where Ideas Grow"
presented by Linda Barth - Wed., May 22 @7:30p

Vertigo/Dizziness Discussion Join Dr. Stephanelli

Thurs. May 30 @11a Information on prevention
and what to do when symptoms present
themselves. Free and open to all.

Closed Tues., May 14

Polling Site for Districts 3, 4 & 5

Closed Mon., May 27

Memorial Day



CHILDREN'S EVENTS

Wee Read Story Time (ages 0-3) every
Tuesday @10a (NO WEE READ MAY 14).
Pre K Story Time (ages 3-5) every Thursday @10a

Sing-a-Song Music

Friday, May 3 & Friday, May 17 @10:30a
Join us for a fun, interactive music enrichment
program. Best for ages 2 ½-5.

Saturday Story Snacks

Sat., May, 4 @11:30a -- Join Miss Natalie for a
special Saturday story & snack for Star Wars Day.

Builders Brigade

(Ages 6-18) 4 - 5pm -- Mon., May 6; Build with
Lego® Bricks, share your creation with fellow
builders! Projects displayed.

Make and Take

Wednesday, May 8 @3:30p
Children of all ages are welcome to join in as we
make a fun mother's day craft.

Kids Yoga

Join us on Friday,
May 10 @ 10a (ages 2 ½-5)
Stretch and roll and have lots of fun!

Spring Bingo

Wednesday, May 22 @3:30 pm
Kids: Play Bingo and have some fun with
Miss Natalie!!! All ages.

Toddler Dance Party

Friday, May 24 @10:00a (AGES 2-5)
Have fun moving & grooving the hour away!

CHESS CLUB

Fridays May 3, May 10 & May 17 & 31@3:45p
(Children ages 6-13 - Learn the ins & outs of chess
from instructor, John Hagerty. NO CHESS MAY 24

Ants in the Pants Music & Movement Program

Kids Program - Friday, May 31 @10a
Author Jolie Della Valle will be reading her book
and teaching the children a special song & dance!