



**Township of Cedar Grove
Recreation Department**

525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220



Cedar Grove Recreation Competitive Cheerleading Team



- **Who:** Children K-8th grade – Cedar Grove residents only
- **Where:** Panther Park (118 W Bradford Ave)
- **When:** Mondays & Wednesdays beginning Aug. 24th
- **Time:** 6:00-8:00pm
- **Fee:** TBD – we will base pricing on season guidelines

There will be an informational parents meeting held at some point, you will be notified.

Safety Measures: Participants will practice social distancing during practices. There will be no stunting or contact between cheerleaders. We will start off with conditioning, jumps, dancing and tumbling.

Description: The Recreation Competitive Cheerleading Squad is coached by former Cedar Grove Cheerleaders, Head coach Nicholle Lay and assistant coaches; Christina Scirica and Danielle Lay. Two or more cheer teams will be formed based on age.

Team Information: When season guidelines are clearer, registration and payment will be taken online. The season is still up in the air so we will base price on finalization of guidelines. The team will begin practicing in August and the season will run through March 2020. Practices will be held two days per week. *Please expect to travel to 6-8 cheerleading competitions throughout the season. Additional Cheer Gear may be purchased separately throughout the season.

Important Dates:

Stay tuned for important dates such as team bonding activities!