



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

## **Outdoor Kids Summer Yoga**

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
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- **Who:** Children entering grades 3-8 in Sept. 2020  
Parents are welcome to join with their children for same price
- **Where:** Cedar Grove Community Center Parking Lot  
(199 Fairview Ave. – under shaded area in front of building)
- **When:** **Fridays 10:15-11:15am**
- **Dates:** July 17-Sept. 4 (skip Aug. 28<sup>th</sup>)
- **Fee:** \$30.00/person – ONLINE REGISTRATION ONLY
- **Safety Measures:**
  - All children will keep 6-foot social distancing
  - No equipment will be shared
  - Please send your child with a clearly marked water bottle
  - Personal items will be kept separated
  - Outdoor bathroom facilities bathrooms will not be available

**Description:** This program will be instructed by Stacy Valdes-Davis a resident of Cedar Grove and a certified Yoga instructor for 10+ years. Yoga is designed to improve the health, performance, and mental acuity of individuals interested in improving their level of fitness. Six-foot social distancing will be practiced. If there is inclement weather, please bear with us for tentative make-ups.