



**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Cross Country

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
“LIKE” US ON FACEBOOK, www.facebook.com/cedargroverec,
“FOLLOW” US ON TWITTER, @CedarGroveRec, OR call #973-230-9944**

- **Who:** Children Grades 1-8 (only grades 4-8 will compete in meets)
- **Where:** Cedar Grove Park (Fairview Ave.) – meet by Gazebo
- **When:** Tuesdays & Thursdays – September 15th thru end of Oct.
- **Time:** 5:30-6:30pm
- **Fee:** \$40.00/child - No refunds after start of program
REGISTRATION WILL BE ACCEPTED ONLINE ONLY

Description: Cross country is a sport where teams and individuals run long distance races on outdoor courses. Veteran Coach, Johnny Fabrazzo and Rec Staff will instruct the children and teach the fundamentals of the sport. There will be no meets this year.