



# NOVEMBER 2020 CALENDAR



*Cedar Grove Public Library - 973-239-1447*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> 	<p>2 Evening Tai Chi with Miriam (on Zoom) @7 pm Overbrook Writers @7 pm (on Zoom)</p>	<p>3 Election Day Library open only for Voting Chair Yoga with Anjum @10 am (on Zoom)</p>  	<p>4 Yoga @9:00 am with Joie (on Zoom) Tai Chi with Miriam (on Zoom) @10:30 am 12-1 pm Virtual Talk Woodrow Wilson by NJ State Library</p>	<p>5 10am Story Time (on Zoom) Senior Strength Training with Leena (on Zoom) @11 am</p>	<p>6 11am "Music with Miss Lynne" (on Zoom)</p>	<p>7 Chair Yoga (on Zoom) @10 am</p>
<p>8</p>	<p>9 Watercolor Class @11 am (on Zoom) Afternoon Strength/Cardio with Leena (on Zoom) @4pm Overbrook Writers @7 pm</p>	<p>10 Chair Yoga with Anjum @10 am (on Zoom)</p>	<p>11 LIBRARY CLOSED</p> 	<p>12 10am Story Time (on Zoom) Senior Strength Training with Leena (on Zoom) @11 am Library Board Meeting @6 pm</p>	<p>13 11am Pretzel Kids Yoga (on YouTube)</p>	<p>14</p> 
<p>15</p> 	<p>16 Watercolor Class @11 am (on Zoom) Afternoon Strength/Cardio with Leena (on Zoom) @4pm Overbrook Writers @7 pm (on Zoom)</p>	<p>Chair Yoga with Anjum @10 am (on Zoom) Culinary Demonstration CG Culinary Club (on Zoom) @6:30 pm "Let's Make a Quiche"</p>	<p>18 Yoga @9:00 am with Joie (on Zoom) Tai Chi with Miriam (on Zoom) @10:30 am Movie Discussion (on Zoom) @2 pm "Edie"</p>	<p>19 10am Story Time (on Zoom) Senior Strength Training with Leena (on Zoom) @11 am Cedar Readers Book Club II @6:30 pm (on Zoom) 6:30 pm Financial Educational Seminar</p>	<p>20 11am "Music with Miss Lynne" (on Zoom) Cedar Readers Book Club I @12 pm (on Zoom) 5pm Block Painting (suitable for the whole family) See back for details.</p>	<p>21</p> 
<p>22 There will be no Grab-and-Go Bags Thanksgiving Week (November 23rd- November 28th)</p>	<p>23 Watercolor Class @11am (on Zoom) NO OVERBROOK WRITERS SESSION</p>	<p>24 Chair Yoga with Anjum @10 am (on Zoom)</p>	<p>25 Yoga @9:00 am with Joie (on Zoom) Tai Chi with Miriam (on Zoom) @10:30 am</p>	<p>26 LIBRARY CLOSED</p> 	<p>27 LIBRARY CLOSED</p>	<p>28 Come in, we're open 9-1</p>
<p>29</p> 	<p>30 Watercolor Class @11 am (on Zoom) Afternoon Strength/Cardio with Leena (on Zoom) @4pm Overbrook Writers @7 pm (on Zoom)</p>					

## Children's Programs

### Grab-and-Go Craft Bags

Each week we will have a new bag available for pickup at the library containing a craft and several activities related to the week's Story Time theme. Bags are first-come; first served, so it's advised that you call the library to schedule pick-up. There will be no Grab-and-Go Bags Thanksgiving Week (November 23rd-November 28th)

### Story Time with Miss Natalie on Zoom

#### Thursdays @10 am

"Zoom" into this fun-filled all-ages story time with Miss Natalie. There'll be stories, songs, and more! E-mail [cheetham@palsplus.org](mailto:cheetham@palsplus.org) for the invite.

### Virtual Music with Miss Lynne

Fridays, November 6 & November 20 @11 am Join us for a fun, interactive music enrichment program. Please email Miss Natalie at [cheetham@palsplus.org](mailto:cheetham@palsplus.org) for the Zoom invite.

### Pretzel Kids Yoga

Friday, November 13 @11 am - We are bringing our Pretzel Kids Yoga right to your living room! Join us for fun yoga games and relaxation techniques on You Tube.



### Read to a Dog

Look on Facebook for the days and times when Buster will be here!

### Library Closed

Tuesday, November 3—Open Only for Voting  
Wednesday, November 11—Veterans Day  
Thursday, November 26—Thanksgiving Holiday  
Friday, November 27-Thanksgiving Holiday



## ADULT EVENTS

### Overbrook Writers

Mondays in November @7-8 pm (on Zoom)  
A writing support and discussion group. Whether you write in a notebook or type on a computer, come meet other local writers and discuss the craft.  
NO SESSION, NOVEMBER 23  
For meeting link email [marrin@palsplus.org](mailto:marrin@palsplus.org)

### Yoga (on You Tube)

Every Saturday Morning  
Stacy Valdes-Davis will be posting on her You Tube Channel at <https://www.youtube.com/watch?v=W-yxwxjflUg>

### Chair Yoga

All Tuesdays in November @10 am  
Instructor Anjum Desai (on Zoom)

Saturday Chair Yoga November 7 @10 am (on Zoom)

### Tai Chi

Wednesdays, November 4, 18 & 25 @10:30 (on Zoom)  
NO CLASS NOVEMBER 11

Evening Tai Chi: Monday, November 2 @7 pm (on Zoom)

### Library Board Meeting

Thursday, November 12 @6:00 pm  
Public is welcome to attend.

### Strength Training for Seniors

Thursdays, November 5, 12 & 19 @11 am  
Cardio, Strength and Stretch to a more fit healthier you! Equipment provided by Instructor, Lena Kalle.

Afternoon Cardio/Strength with Leena  
Monday, November 9, 16 & 30.

### Watercolor Classes

Mondays, November 9, 16, 23 & 30 @11 am (on Zoom)  
with Instructor, Maryann Burton

### Movie Discussion

View the movie "Edie" anytime on Kanopy ([www.kanopy.com](http://www.kanopy.com)) then join a discussion on Zoom, Wednesday, November 18 @2 pm.

### Culinary Club

Tuesday, November 17 @6:30 pm (on Zoom)  
"Let's Make a Quiche" Presentation by Kate Gibney.

### Educational Seminar

Thursday, November 19 @6:30 pm  
Attend this workshop and learn how to develop skills that will enable you to be more comfortable financially. Presented by Paul Orosz of Primerica, Inc.

### Cedar Readers Book Club I & II Cedar Readers II Meets (on Zoom)

Thursday 11/19/20 at 6:30 pm to discuss "The Immortal Life of Henrietta Lacks" by Rebecca Skloot.

### Cedar Readers I Meets (on Zoom)

Friday 11/20/20 at 11:00 am to discuss "The Island of Sea Women" by Lisa See.

### Webinars

#### Planning for College Program

Virtual Webinar, Wednesday, November 11 @7 pm. Go to [cbrg.info](http://cbrg.info) to register. Help with financial forms, advice on making college affordable and other important topics. To register go to <https://cbrg.info/class-schedule/>

#### NJ State Library Webinar

"Woodrow Wilson" Wednesday, November 4 @12 pm Michael Riccards, American Political Scientist & writer, analyzes Wilson's management style before the War, his diplomacy and his battle with the Senate. To register copy/past the link below <https://www.njstatelib.org/event/nov-4-woodrow-wilson-as-commander-in-chief-virtual-author-talk/>

#### Block Printing (on Zoom)

Friday, November 20 @5 pm  
Join a fun interactive workshop; learn the techniques of block printing and discover this ancient Indian Folk Art tradition. Block Printing Kits will be available at the library for pick up. Early registrants will be notified when kits are delivered. Great for adults, teens and families. Whatever you create is yours to keep! Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for meeting link.