



# The Cedar Grove Public Library

## April 2021 Calendar of Events

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> 10am Story Time 11am Strength Training	<b>2</b> LIBRARY CLOSED	<b>3</b> LIBRARY CLOSED
<b>4</b> Library Week→	<b>5</b> Get to know "Libby" Webinar for Patrons (see back for details). Beginning 9am Overbrook Writers @7 pm (on Zoom)	<b>6</b> 10 am Chair Yoga (on Zoom) w/Anjum Evening Tai Chi (on Zoom) w/Miriam @7 pm.	<b>7</b> 9am Yoga Class (on Zoom) w/Joie 10:30am Tai Chi Class (on Zoom) w/Miriam 11am - Kids: Welcome Spring w/Miss Jolie Andrew Carnegie Lecture @7pm (on Zoom)	<b>8</b> 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 6p m Library Board Meeting	<b>9</b> 11am Pretzel Kids Yoga (on You Tube)	<b>10</b> New Yoga Video Uploaded
<b>11</b>	<b>12</b> Cardio/Strength Training @4 pm (on Zoom) w/Leena Overbrook Writers Writers @7 pm (on Zoom) "Finding Your Purpose" @7 pm Webinar (see back for details)	<b>13</b> 10 am Chair Yoga (on Zoom) w/Anjum	<b>14</b> 9am Yoga Class (on Zoom) w/Joie 10:30a m Tai Chi Class (on Zoom) w/Miriam	<b>15</b> 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 6:30pm Cedar Readers II Book Club (on Zoom) 7pm Autism Awareness	<b>16</b> Music with Miss Lynne @11 am (on Zoom) 12pm Cedar Readers I Book Club (on Zoom)	<b>17</b> New Yoga Video Uploaded
<b>18</b>	<b>19</b> Overbrook Writers @7 pm (on Zoom)	<b>20</b>	<b>21</b> 9am Yoga Class (on Zoom) w/Joie 10:30am Tai Chi Class (on Zoom) w/Miriam	<b>22</b> 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 7pm Speaking from Spirit with Rosemarie (on Zoom) Earth Day	<b>23</b> Wiggle Worms Dance Party (on Zoom) @11 am. Arbor Day	<b>24</b> New Yoga Video Uploaded
<b>25</b> No Activity Bags this week→	<b>26</b> Overbrook Writers @7 pm (on Zoom) Cardio/Strength Training @4 pm (on Zoom) w/Leena	<b>27</b>	<b>28</b> 9am Yoga Class (on Zoom) w/Joie 10:30am Tai Chi Class (on Zoom) w/Miriam	<b>29</b> NO STORYTIME 11am Senior Strength Training (on Zoom) w/Leena Webinar: Planning for College @7 pm. Visit cbrg.info to register	<b>30</b> Music with Miss Lynne @11 am (on Zoom)	



## Special Events April 2020



### Library Closures

Closed Friday, April 2

Closed Saturday, April 3

On Monday April 5 (Happy National Library Week!), Overdrive is providing four free 1/2 hour training sessions for our library patrons, between 9 & 11 am.

The 9 am and 9:30 sessions are "Getting Started with Libby." The 10 am one is "Magazines and Libby" and the 10:30 one is "Deep Dive with Libby."

### Coloring Books for Adults

Pick up a spring coloring book beginning April 5 for your relaxing pleasure. Don't have color pencils? Not to worry, they will be included with your book. Limited (1) per person. First come-first served.

### Andrew Carnegie—From Steel to Libraries

Wednesday, April 7 @7pm (on Zoom)

This program will be presented by historian Rick Feingold, who teaches American Business History at Bergen Community College and holds an MBA from Penn State University. To reserve your spot, register at <https://forms.gle/QyXX1CyUtdigyJ597>


### Finding Your Purpose (on Zoom)

Monday, April 12 @7 pm — What makes you get up in the morning? How do you see your future self? Do you feel fulfilled? Are you excited about your direction in life? Are things going well for you? These are some questions to ask to determine if you are living with purpose. In this webinar, you will explore the ways that you can discover, align and move towards your purpose. For Zoom Link email: [librarian@caldwellpl.org](mailto:librarian@caldwellpl.org)

### Speaking with Spirit with Rose Marie

Thursday April 22 @7 pm (on Zoom)

Join Rose Marie Cappiello for a demonstration of mediumship. During the event Rose Marie will bring forth spirits who seek to make a connection with people in the audience. Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for meeting link.



## Regular Programs at the Cedar Grove Public Library

- Virtual Yoga every Wednesday with Joie @9 am. 
- Virtual Tai Chi every Wednesday with Miriam @10:30 am.
- Virtual Senior Strength Training every Thursday with Leena @11 am. 
- Virtual Afternoon Cardio/Strength with Leena Mondays, April 12 & 26 @4pm. (For Zoom links to the above email [falcone@palsplus.org](mailto:falcone@palsplus.org))

### Overbrook Writers

Mondays April 5, 12 & 19 & 26 @7 to 8pm  
(A writing support & discussion group). Regardless of whether you write in a notebook or type on a computer, come meet other local writers, discuss the craft, and learn more about the tools that are out there. Email [marrin@palsplus.org](mailto:marrin@palsplus.org) for meeting link.

### Chair Yoga

Tuesdays, April 6, 13, @10am  
with Instructor, Anjum Desai.

### Evening Tai Chi


Tuesday, April 6 @7 pm with Miriam Shankman  
Relax and unwind after a long day.

### Cedar Readers Book Club I & II

Meets the third Friday @12pm & Thursday @6:30pm of each month respectively. Cedar Readers I will be reading and discussing "The Library Book" by Susan Orlean. (April 16). Cedar Readers II will be reading and discussing "The Salt Path" by Raynor Winn. (April 15) New members welcome. Email: [falcone@palsplus.org](mailto:falcone@palsplus.org) for meeting link.

### Planning for College

Thursday, April 29 @7pm Visit [cbrg.info](http://cbrg.info) to register. Topics will include college exams, finances, prep, FAFSA, SAT tips and more.



## CHILDREN'S EVENTS



### Grab and Go Bags

Each week we will have a new bag available for pick-up at the library containing a craft & several activities related to the week's Story Time theme. Bags are first-come; first-served, so it's advised that you call the library to schedule a pick-up.

NO ACTIVITY BAGS THE WEEK OF APRIL 29<sup>TH</sup>.

### Story time w/Miss Natalie (on Zoom)

Thursdays @10 am—"Zoom" into this fun-filled all-ages story time with Miss Natalie. There'll be stories, songs, and more! Email [cheetham@palsplus.org](mailto:cheetham@palsplus.org) For the invite.

### Welcome Spring Move & Groove w/Miss Jolie

Wednesday, April 7 @11 am—We are looking forward to lots of April showers. Join us for a special move and groove with Miss Jolie where we'll be splashing around in our living rooms and celebrating the new month with silliness, stories, music and fun! No umbrellas necessary. Best for ages 1-6.

### Pretzel Kids Yoga on You Tube

Friday, April 9 @11 am—We are bringing our Pretzel Kids Yoga right to your living room! Join us for fun yoga games and relaxation techniques on You Tube

### Music with Miss Lynne

Fridays, April 16 & April 30 @11am (on Zoom)  
Join us for a fun, interactive music enrichment program. Please email Miss Natalie at [cheetham@palsplus.org](mailto:cheetham@palsplus.org) for the Zoom invite.

### Read to a Dog

Buster, the Golden Retriever is a great listener & is looking forward to having some stories read aloud to him by young readers! Sign Up Required.

### Wiggle Worms Dance Party (on Zoom)

Friday, April 23 @11am (ages 2-5)  
Put on your dancing clothes (or stay in your pajamas) & get ready to dance along with Miss Natalie.  
Email [cheetham@palsplus.org](mailto:cheetham@palsplus.org) for the invite.

