



**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220



Panthers Summer Wrestling Camp

“Summer Wrestling Creates Winter Champions”

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
“LIKE” US ON FACEBOOK, www.facebook.com/cedargroverec or
Call the Weather Hotline, #973-230-9944**

- **Who:** Children entering grades 3-12 in September
- **Where:** Cedar Grove HS Auxiliary Gym
- **When:** Mondays, Wednesdays & Thursdays July 6- August 4
- **Time:** 10:00am-12:00pm
- **Fee:** \$150/child – \$10 late fee after 6/24/22
No refunds after 6/24
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://register.communitypass.net/TownshipofCedarGrove>
- **Description:** **Instructor: Mike Risimini, CGHS Varsity Wrestling Coach, along with a variety of other clinicians will be supervising/coaching this camp.** This Wrestling Clinic is an opportunity for young wrestlers to improve their skills, technique, and strategy through fundamental and advanced drill work with plenty of live wrestling situations. Wrestling is a sport that is more demanding in discipline, the bonding experience with teammates, and physical preparedness than most other sports. Great for wrestlers of all levels!