



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

## **Cedar Grove Spring Track**

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
“LIKE” US ON FACEBOOK, [www.facebook.com/cedargroverec](http://www.facebook.com/cedargroverec) or  
Call the Weather Hotline #973-230-9944**

- **Who:** Boys & Girls 1<sup>th</sup>-8<sup>th</sup> grades (Gr. 1-3 Clinic; Gr 4-8 Team)  
(1-3 grades will be clinic only & Limited Space)
- **Where:** Panther Park – Bradford Ave., Cedar Grove
- **When:** **1<sup>st</sup>-3<sup>rd</sup> grade CLINIC;** Tuesdays (4/12-5/17)  
**4<sup>th</sup>-8<sup>th</sup> grade TEAM;** Tuesdays & Thursdays (3/22-5/21)  
*\*Certain Team members will participate in Meet of  
Champions scheduled on a Saturday in June.*
- **Time:** 5:00-6:00pm
- **Fee:** **1<sup>st</sup>-3<sup>rd</sup> grade:** \$40.00 - - **4<sup>th</sup>-8<sup>th</sup> grade:** \$90.00  
LATE FEE of \$10 after 3/11/22  
NO REFUNDS AFTER PROGRAM START  
**REGISTRATION WILL BE ACCEPTED ONLINE ONLY**  
<https://register.communitypass.net/TownshipofCedarGrove>
- **Outdoor Programming information:**
  - There may be inclement weather. If a class is cancelled, you will receive an email and can also call 973-230-9944 or check the Cedar Grove Recreation Facebook page.
  - We try our hardest to make up all classes. If we cannot, please note that the price will not be adjusted.

**Description:** Program will be coached by Cedar Grove Resident, John Borgese, who attended Villanova on a Track Scholarship. There, he was a three time All-American, two-time national champion, and a member of a U.S. National Junior Track and Field team where he won a bronze medal in the 1982 Jr. Pan-American Games, a Penn Relay and a high school All-American. Participants of this program will train for various field events including; running, long jump and turbo javelin. The 4<sup>th</sup>-8<sup>th</sup> grade team will compete in meets with surrounding townships and parents are responsible for transportation of their child(ren) to all meets.