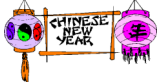










# The Cedar Grove Public Library February 2022 Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 <b>Year of the Tiger Lunar New Year February 1</b>	<b>1</b> 10:30am Chair Yoga w/Penny on Zoom) Blind Date with a Book begins	<b>2</b> 9am Yoga w/ Joie on Zoom   Groundhog Day	<b>3</b> 10am Story Time (on Zoom) Strength Training for Seniors (on Zoom) @11 am w/Leena	<b>4</b> Virtual Music with Miss Lynne @11 am (on Zoom) Kids Chess @3:45 pm Registration Required Winter Olympics Begin	<b>5</b>
<b>6</b>	<b>7</b> Watercolor Class (on Zoom) @10 am Senior Cardio/Strength on Zoom @4 pm w/Leena 7-8pm Overbrook Writers (on Zoom)	<b>8</b> 10:30am Chair Yoga w/Penny on Zoom	<b>9</b> 9am Yoga w/ Joie on Zoom	<b>10</b> 10am Story Time (on Zoom) Senior Strength Training (on Zoom) @11 am w/Leena 6 pm Library Board Meeting Paul Robeson-Renaissance Man @7 pm (on Zoom)	<b>11</b> Virtual Music with Miss Lynne @11 am (on Zoom) Kids Chess @3:45 pm Registration Required	<b>12</b>
<b>13</b> Super Bowl Sunday  	<b>14</b> Watercolor Class (on Zoom) @10 am 7-8pm Overbrook Writers (on Zoom)  	<b>15</b> 10:30am Chair Yoga w/Penny on Zoom	<b>16</b> 9am Yoga w/ Joie on Zoom	<b>17</b> 10am Story Time (on Zoom) Senior Strength Training (on Zoom) @11 am Cedar Readers Book Club @6:30 pm	<b>18</b> Virtual Music with Miss Lynne @11 am (on Zoom) Cedar Readers Book Club @12 pm Kids Chess @3:45 pm Registration Required	<b>19</b> Blind Date with a Book ends.
<b>20</b> Winter Olympics End	<b>21</b> LIBRARY CLOSED FOR PRESIDENTS' DAY  	<b>22</b> 10:30am Chair Yoga w/Penny on Zoom	<b>23</b> 9am Yoga w/ Joie on Zoom College Planning @7pm Register at cbrg.info	<b>24</b> 10am Story Time (on Zoom) Strength Training for Seniors (on Zoom) @11 am	<b>25</b> Diabetes Webinar on Zoom @9:30 am Kids Chess @3:45 pm Registration Required Virtual Music with Miss Lynne @11 am (on Zoom) Murder Mystery (on Zoom) Registration Required.	<b>26</b>
<b>27</b>	<b>28</b> Watercolor Class (on Zoom) @10 am Senior Cardio/Strength on Zoom @4 pm w/Leena 7-8pm Overbrook Writers (on Zoom)			Blind Date with a Book from February 1 to February 19. See details on back.	Blind Date with a Book  	

## Special Events FEBRUARY 2022

### College Planning

#### College Planning Workshops (on Zoom)

Tuesday, February 1 & Wednesday, February 23 @ 7 pm.

Help with financial forms, advice on making college affordable and other important topics discussed.

To register go to <https://cbrg.info/class-schedule/>

### Overbrook Writers (on Zoom)

Mondays, February 7, 14, & 28 from 7 to 8 pm

(A writing support and discussion group). Regardless of whether you write in a notebook or type on a computer, come meet other local writers, discuss the craft, and learn more about the tools that are out there.

Email: [marrin@palsplus.org](mailto:marrin@palsplus.org) for the meeting link.

### Library Board Meeting

Thursday, February 10 @ 6 pm

Public is welcome to attend

### Paul Robeson– Renaissance Man

Thursday, February 10 @ 7 pm (on Zoom)

Paul Robeson, one of the most well known African-Americans of the 20<sup>th</sup> century, was a renaissance man, a social activist, singer, scholar, actor, all-American athlete, intellectual, lawyer, linguist, humanist and advocate for international peace (& a New Jersey native!). Actor Marvin Jefferson will bring him to life through this first person historical characterization. A question and answer session will also be included.

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZAtcumvrDsvHdY1aaFZjUx-NF60GviaFDMv>

After registering, you will receive a confirmation email containing information about joining the meeting.

### Learn More About Diabetes

Friday, February 25 @ 9:30 am (on Zoom)

Discussion will focus on understanding the implications of and associated risks for falls in the adult population. It includes an interactive presentation with tips on how to create and implement a fall prevention program. Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for the Zoom meeting link.

## Regular Programs

### Watercolor Classes (on Zoom)

Mondays, February 7, 14 & 28

with Jane (No class Monday, February 21)

### Chair Yoga (on Zoom)

Every Tuesday in February @ 10:30am

with Instructor, Penny Prosperi. Yoga poses, breathing exercises all done in a chair or using a chair as support.

### Yoga (on Zoom)

Start off your Wednesday in a tranquil way. Let Joie guide you through yoga poses and meditations.

Weekly sessions start at 9am.

### Strength Training for Seniors (on Zoom)

Thursdays in February @ 11 am & two afternoon classes on Monday, February 7 & Monday, February 28 @ 4 pm.

with Instructor, Leena Kalle. Cardio, strength for a more fit healthier you! Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for zoom links.

### Cedar Readers Book Clubs I & II

The Evening Book Club (Cedar Readers II) will meet Thursday, February 17 @ 6:30 pm to discuss "*Just Mercy*" by Bryan Stevenson. The Afternoon Book Club (Cedar Readers I) will meet Friday, February 18 @ 12 pm to discuss "*The Paris Library*" by Linda Skeslien Charles. All are welcome to attend, no sign up required.

### Murder Mystery (Murder at Shady Pines)

Friday, February 25 @ 6 pm on Zoom

Join us in celebrating Betty White's life... with a murder! There's been a murder at Shady Pines... Can you help Sophia solve it? You and the other participants are not only detectives, you are also suspects during this Golden murder mystery. There may also be surprise appearances from your other favorite ladies from the 80s as you work to solve this very shady murder. Led by actors from Without A Cue Productions, participants will be given characters and secret information online. You will have a day or two to trade information, and then will come together through zoom to gather more evidence and solve the murder. All registrations must be received by

Friday, February 18. Email questions to

[marrin@palsplus.org](mailto:marrin@palsplus.org) Fill out this form

<https://forms.gle/khYtDN7WcBHg4riQA> to register.

## CHILDREN'S EVENTS & STORY TIMES

### Grab and Go Bags

Each week we will have a new bag available for pick-up at the library containing a craft and several activities related to the week's Story Time theme.

Bags are first-come; first-served, so it's advised that you call the library to schedule a pick-up.

### Story Time w/Miss Natalie on Zoom

Thursdays @ 10 am

"Zoom" into this fun-filled all-ages story time with Miss Natalie. There'll be stories, songs, and more!

Each week, we will also offer a corresponding take-home craft at the library.

### Virtual Music with Miss Lynne

All Fridays in February

Join us for a fun, interactive music enrichment program. Please email Miss Natalie at [cheetham@palsplus.org](mailto:cheetham@palsplus.org) for the Zoom invite.

### Kids Chess

All Fridays in February @ 3:45 pm with

Instructor, John Hagerty.

Learn to play or refresh strategic chess moves.

Registration required. Class size limited.

Ages 6-13

### All Ages Blind Date with a Book

Pick up of a wrapped book at the library, take it home to read and fill out the rate sheet included with your book. It's fun and mysterious and, who knows, maybe you'll enjoy a good read and fall in love! With every book you rate, your name will be entered to win a prize!

ADULTS: First, Second & Third prizewinners will receive a gift card to CVS.

CHILDREN / YA: First, Second & Third prizewinners will receive a gift card to Sonny's Frozen Desserts. Happy Reading!

Library Closed Monday,  
February 21 in observance of  
Presidents' Day