

**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Cross Country

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
“LIKE” US ON FACEBOOK, www.facebook.com/cedargroverec or
or call Weather Hotline #973-230-9944**

DEADLINE TO REGISTER IS SEPTEMBER 7TH

- **Who:** Children Grades 1-8 (GRADES 1-3 LIMITED)
Grades 1-3 (clinic) & Grades 4-8 (team)
- **Where:** Cedar Grove Park (Fairview Ave.) – meet by Gazebo
- **When:** Tuesdays & Thursdays – Sept. 13th thru Oct. 27th
Grades 1-3: Tuesdays Only; **Grades 4-8** Tues. & Thurs.
- **Time:** 5:30-6:30pm
- **Fee:** **Gr. 1-3;** \$35.00/child - - **Gr. 4-8;** \$90.00/child
\$10 late fee after 9/9/22 – DEADLINE 9/7/22
No refunds after program start
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://register.communitypass.net/TownshipofCedarGrove>
- **PARENT VOLUNTEERS NEEDED FOR CLINIC:** In order for the Grade 1-3 clinic to run, we will need parent volunteers. You can let us know if you are available upon registration.
- **Outdoor Programming information:**
 - There may be inclement weather. If a class is cancelled, you will receive an email and can also call 973-230-9944 or check the Cedar Grove Recreation Facebook page.
 - We try our hardest to make up all classes. If we cannot, please note that the price will not be adjusted.

Description: Veteran track coach, John Borgese will head the Cross-Country program this fall. Cross-Country is a sport where teams and individuals run long distance races on outdoor courses. Recreation Staff will instruct the children and teach the fundamentals of the sport.