



The Cedar Grove Public Library July 2022 Calendar of Events

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|--|---|--|
|  |  | Table Top Gaming Tuesdays from 1-3pm & Thursdays from 5:30-7:30pm (See details on back) | | | 1 Outdoor Music with Miss Lynne @11 am No registration required | 2 Library Closed Saturdays in July and August ↓ |
| 3 Happy Fourth! | 4 LIBRARY CLOSED  | 5 10:30 am Chair Yoga (on Zoom) w/Penny 3pm Yarn Octopus Ages 6+ | 6 9am Yoga Class (on Zoom) w/Joie Outdoor Ocean Animal Bingo @3 pm Details on back. | 7 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 1pm Movie: Little Women 9pm Webinar: Author Discussion "The Henna Artist" Details on back. |  8 Outdoor Music with Miss Lynne @11 am No registration required | 9  |
| 10  | 11 Watercolor Class with Jane @10 am Guided Meditation @6:45 pm Overbrook Writers @7 pm (on Zoom) | 12 NO CHAIR YOGA 3pm Painted Shells (for kids) Registration Required 7 pm Webinar: College Planning Go to cbrg.info to register |  13 9am Yoga Class (on Zoom) w/Joie Outdoor Ocean Animal Bingo @3 pm Details on back. | 14 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 12pm Webinar: Author Discussion "Getting Things Done: The Art of Stress Free Productivity" Details on back. 1 pm Movie : Tyson's Run 6pm Library Board Meeting | 15 Outdoor Music with Miss Lynne @11 am No registration required | 16  |
| 17 | 18 Drop in Art @10 am Hooray for Herpetology! 3pm by Snakes-n Scales No Registration Required Guided Meditation @6:45 pm Overbrook Writers @7 pm (on Zoom) | 19 10:30 am Chair Yoga (on Zoom w/Penny) |  20 9am Yoga Class (on Zoom) w/Joie 1pm Read to a Dog Outdoor Ocean Animal Bingo @3 pm Details on back. | 21 10am Story Time 11a m Senior Strength Training (on Zoom) w/Leena 1pm Movie: Downton Abbey | 22 NO MUSIC |  23  |
| 24  | 25 Watercolor Class with Jane @10 am 3pm Predators & Prey Ages 5-10 Registration Required Overbrook Writers @7 pm (on Zoom) | 26 10:30 am Chair Yoga (on Zoom w/Penny) 11am Sewing Class 3pm Shark Bookmarks (for kids) | 27 9am Yoga Class (on Zoom) w/Joie 1pm Read to a Dog Outdoor Ocean Animal Bingo @3 pm Details on back. | 28 10am Story Time 11am Senior Strength Training (on Zoom) w/Leena 1pm Movie: Song of Names Meet Author Suzanne Trauth @6:45 pm 7 pm Webinar: College Planning Go to cbrg.info | 29 Outdoor Music with Miss Lynne @11 am No registration required | 30  |
| 31 | | | | | | |

Special Events July 2022

Library Closed Monday, July 4

Thursday Afternoon Movies

July 7—Little Women July 14-Tyson's Run
July 21-Downton Abbey July 28— Song of Names

Cedar Grove Public Library Webinars and Online Events

*Enjoy a range of talks from bestselling authors
and thought leaders. Brought to you in partnership
with the Library Speakers Consortium.*

Upcoming Speakers:

- Thursday, July 07 @9 pm

Join us for an evening with New York Times Best Selling author and Reese Witherspoon Book Club pick Alka Joshi as she discusses her bestselling books, *The Henna Artist* and *The Secret Keeper of Jaipur*.

- Thursday, July 14 @12 pm

Join us as we sit down in conversation with NY Times Best Selling author David Allen, one of the world's most influential thinkers on personal productivity. Register for either event at [LSC | Cedar Grove Public Library Webinars and Online Events \(library.org\)](https://library.org) or email falcone@palsplus.org

Planning for College

Tuesday, July 12 & Thursday, July 28 @7 pm
Visit cbrg.info to register. Topics will include college exams, finances, prep, FAFSA, & more!

Sewing Class

Tuesday, July 26 @11 am with Carolyn
Learn to sew a handy corner piece to use as a page marker and decorate it with paint crayons!

Meet Author Suzanne Trauth

Thursday, July 28 @6:45 pm in the library.
What Remains of Love revolves around a young woman, Kate, who discovers her father's affair with a French artist during WWII. Both are now deceased; still Kate embarks on a journey to the south of France to reconcile the past and her life is changed forever. No registration required.

Regular Programs at the Cedar Grove Public Library

- Virtual Chair Yoga every Tuesday with Penny@10:30 am. No Class July 12.
- Virtual Yoga every Wednesday with Joie @9 am.
- Virtual Senior Strength Training every Thursday with Leena @11 am.
- NO CARDIO/STRENGTH CLASS DURING JULY & AUGUST
Email: falcone@palsplus.org for zoom links.

Overbrook Writers

Mondays July 11, 18 & 25 from 7 to 8 pm
(A writing support & discussion group). Regardless of whether you write in a notebook or type on a computer, come meet other local writers, and discuss the craft. Email marrin@palsplus.org for meeting link.
NO SESSION MONDAY, JULY 4

Watercolor Class

Mondays July 11 & July 25 @10 am with Jane
Registration Required for new participants

Guided Meditation

Mondays, July 11 & July 18 @6:45 pm
Settle in and unwind after a long day; spend some time meditating and relaxing in a serene setting at the library.



CHILDREN'S EVENTS



Grab and Craft Go Bags

Each week at the Circulation Desk we'll have a new craft bag to take home. First come, first served.
No prize entry.

Page Turner Adventures on Facebook:

Join Page Turner on a virtual Epic Ocean Quest. Links to each video will be provided in Beanstack and on our Facebook Page.



Keep reading, earn rewards & get prizes. Our Summer Reading Program is off to a good start. Look out for some cool programs & fun events. The address to our Beanstack site (where you can participate in our summer reading challenge) is: <https://cedargrovenj.beanstack.org>

MONDAYS

Hooray for Herpetology! Monday, July 18 @3 pm
Get up close and personal with some cool reptiles and amphibians courtesy of Snakes-n-Scales.
No registration required.

Predators and Prey-Monday, July 25 @3pm
Ages 5-10, Registration Required.
Visit <http://bit.ly/cgplprey> for event description and link to sign-up form.

TUESDAYS

July 5 @3pm - Yarn Octopus (ages 6+)
July 12 @3pm - Painted Shells (Registration Required)
July 26 @3pm - Shark Bookmarks
For event description and sign-up visit <http://bit.ly/cgplsummercrafts22> and click the link for the appropriate form.

WEDNESDAYS

Outdoor Ocean Animal Bingo

Join us every Wednesday afternoon @3 pm on the back library lawn for some rousing rounds of BINGO. In inclement weather, sessions will move indoors. Registration not required. You must provide your own board and BINGO chips and a water-proof blanket to sit on. Visit <http://bit.ly/cgplceanbingo> for instructions on how to make your board.

Read to a Dog

Wednesdays, July 20 & July 27 @1 pm
Our furry friends are good listeners and love to be read to! Sign up required.

THURSDAYS

Story time w/Miss Natalie

Thursdays @10 am. Join Miss Natalie in the Children's Section for stories, songs and a fun craft!
All ages welcome. No sign-up required
No prize entry.

FRIDAYS

Outdoor Music with Miss Lynne

Fridays in July @11 am
No sign-up necessary, participants must bring their own instruments. Visit <http://bit.ly/cgplmusic22> for details. No prize entry.
NO MUSIC FRIDAY, JULY 22

