

Writers @7 pm

(on Zoom)

@10:30 am

BAGS

AUGUST 2022 CALENDAR

designated hours listed & enjoy board games, card playing, puzzles, etc. Playing cards and

board games will be available for use. To reserve a table for the full two hours on a

specific Tues. email marrin@palsplus.org or for a specific Thurs. email conlon@palsplus.org. Questions: Reach out to either email. Open to all age groups.

Cedar Grove Public Library - 973-239-1447
www.cedargrovenj.org/library (like us on Facebook)

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
***************************************	Keep reading, earn rewards & get prizes. Our Summer Reading Program is going well. Look out for some cool programs & fun events. The address to our Beanstack site (where you can participate in our summer reading challenge) is: https://cedargrovenj.beanstack.org IT ALL ENDS FRIDAY, AUGUST 12 TH with a program from Captain Twist!					Library Closed Saturdays in August ↓
	1 10am Drop in Art 3pm Wild about Wildlife! Ages 5-10 Registration Required Guided Meditation @6:45pm Overbrook Writers @7 pm (on Zoom)	2 Chair Yoga (on Zoom) @10:30 am 3pm Ocean Animals Perler Beads Ages 6+ Registration Required	3 Yoga @9 am (on Zoom) 2pm Webinar Author Discussion: "The Golden Arches in Black America". Details on back Outdoor Ocean Animal Bingo @3pm	4 10 am Story Time Senior Strength Training (on Zoom) @11 am 1pm Movie: After Yang	5 NO MUSIC	6
,	8 Watercolor Class @10 am (on Zoom) Guided Meditation @6:45pm Overbrook Writers @7 pm (on Zoom)	9 Chair Yoga (on Zoom) @10:30 am 3pm Sun Catcher Keychains Ages 6+ Registration Required 9pm Webinar Author Discussion: "Long Bright River" Details on back	10 Yoga @9 am (on Zoom) Outdoor Ocean Animal Bingo @3pm 7pm Webinar: College Planning. Go to cbrg.info	11 10 am Story Time Senior Strength Training (on Zoom) @11 am 1pm Movie: Dog	12 NO MUSIC End of Summer Reading Program @11 am by Captain Twist	13
4	15 10am Drop In Art La Bella Musica Concert @6:45 pm Overbrook Writers @7 pm (on Zoom)	16 Chair Yoga (on Zoom) @10:30 am	Yoga @9 am (on Zoom)	10 am Story Time 18 Senior Strength Training (on Zoom) @11 am 1pm Movie: Words on Bathroom Walls Cedar Readers II Book Club @6:30 pm	19 11am Music with Miss Lynne No registration required	20 National Lemonade Day!
NO ACTIVITY BAGS →	22 Watercolor Class @10 am (on Zoom) Overbrook Writers @7 pm (on Zoom) 9pm Webinar Author Discussion: "The Beauty in Breaking" Details on back	23 nair Yoga (on Zoom) @10:30 am Diamond Art @1 pm Registration Required	Yoga @9 am (on Zoom) 1pm Read to a Dog Sign Up Required	25 NO STORY TIME Senior Strength Training (on Zoom) @11 am 12pm Webinar Author Discussion "Impact Players" Details on back 1pm Movie: Where'd You Go Bernadette	26 11am Music with Miss Lynne No registration required	27
8 NO ACTIVITY RAGS	29 10am Drop In Art Overbrook	30 Chair Yoga (on Zoom)	31 Yoga @9 am (on Zoom)	Table Top	Gaming at the Library (Ad ursdays from 5:30-7:30 pm Com	

1pm Read to a Dog

Sign Up Required

Children's Programs

Monday

Wild About Wildlife

August 1 @3 pm (Ages 5-10) Registration required. Visit http://bit.ly/cgplwild for event description and link to sign up-form.

Tuesdays

August 2 @3pm - Ocean Animals Perler Beads
(ages 6+) Registration Required
August 9 @3pm - Fish Sun Catcher Keychains
(ages 5+) Registration Required
For links to register, visit
http://bit.ly/cgplsummercrafts22

Wednesdays

Outdoor Ocean Animal Bingo

Wednesdays, August 3 & 10 @3 pm.
Join us on the back library lawn for some rousing rounds of BINGO. In inclement weather, sessions will move indoors. Registration not required. You must provide your own board and BINGO chips and a water-proof blanket to sit on. Visit http://bit.ly/cgploceanbingo for instructions on how to make your board.

Thursdays

Story Time Thursday

Thursdays in August @10 am Join Miss Natalie in the Children's Section for stories, songs and a fun craft!
All ages welcome. No sign-up required.
(No Story Time Thursday, August 25) No prize entry.

<u>Fridays</u>

Music with Miss Lynne

Fridays, August @11 am (No prize entry)
No sign-up necessary, participants must bring their
own instruments. Visit http://bit.ly/cgplmusic22
for details. NO MUSIC AUGUST 5 & AUGUST 12

End of Summer Reading Program

Captain Twist's Ocean Adventure
Friday, August 12 @11 am - Registration required for ages 5+ Visit http://bit.ly/cgpltwist fora complete event description and registration link.

Read to a Dog

Wednesdays, August 24 & August 31 @1 pm Our furry friends are good listeners and love to be read to! Sign up required.

Grab and Go Bags

Each week at the Circulation Desk we'll have a new craft bag to take home. First come, first served. No prize entry. No bags the weeks of Aug. 22 & Aug. 29.

Page Turner Adventures on Facebook:

Join Page Turner on a virtual Epic Ocean Quest. Links to each video will be provided in Beanstack and on our Facebook page.

ADULT EVENTS

Watercolor Classes / Drop In Art

With Jane @10 am Mondays, August 8 & 22

New participants need to register.

Drop In Art-@10 am Mondays, August 1, 15 & 29

Guided Meditation

Mondays, August 1 & August 8 @6:45 pm Instructor Tori Zirul will lead a session to help you unwind and relax.

Overbrook Writers (on Zoom)

Mondays, August 1, 8, 15, 22 & 29 @7 to 8 pm (A writing support and discussion group). Come meet other local writers, discuss the craft, & learn more about the tools that are out there. Email marrin@palsplus.org for meeting link.

Chair Yoga (on Zoom)

Tuesdays August 2, 9, 16, 23 & 30.
@10:30 am with Penny.
Yoga poses, breathing exercises all done in a chair or using a chair as support.

Yoga (on Zoom)

Wednesdays @9 am w/ Joie Gentle poses and meditation.

Strength Training for Seniors (on Zoom)

Thursdays, August 4, 11, 18 & 25 @11 am with Leena Kalle. Cardio, strength and stretch!

Virtual College Planning Workshops

Wednesday, August 10 @7 pm
Visit cbrg.info to register. Topics will include college
exams, finances, prep, FAFSA, & more!

End of Summer Reading for Adults

Last drawing will be Friday evening, August 12.

La Bella Musica Concert

Monday, August 15 @6:45 pm
Spend an enjoyable evening in the library listening to an Italian serenade by a sextet of very talented musicians. No registration required.

Diamond Art

Tuesday, August 23 @1 pm
Diamond Art: A craft where you stick diamond jewels
onto a pattern. The result is a sparkly design for you
to take home. Registration Required

Cedar Readers II Book Club

Thursday, August 18 @6:30 pm Book discussion on the novel "The Vanishing Half" by Brit Bennett. New members welcome.

Cedar Grove Public Library Webinars and Online Events

Upcoming Speakers:

- Wednesday, August 3 @2 pm
 Join us in conversation with Dr. Marcia
 Chatelain as she discusses her Pulitzer prize-winning book, Franchise:
 The Golden Arches in Black America.
- Tuesday, August 9 @9 pm
 Join us for an evening with New York Times
 Bestselling author Liz Moore as she discusses her international bestseller,
 Long Bright River, and her other works.
- Monday, August 22 @9 pm
 This author talk with Michele Harper will cover many of the lessons she's learned on her inspiring personal journey and the success of her New York Times bestselling memoir, The Beauty in Breaking.
- Thursday, August 25 @12 pm
 Join us for an afternoon with Liz Wiseman, New York
 Times Best Selling author, researcher, and executive
 adviser. Liz will talk about her latest book, Impact
 Players: How to Take the Lead, Play Bigger and
 Multiply Your Impact.

Register for either event at

LSC | Cedar Grove Public Library Webinars and

Online Events

(libraryc.org/cedargrovelibrary)

or email falcone@palsplus.org