



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

## **Creative Movement**

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
“LIKE” US ON FACEBOOK, [www.facebook.com/cedargroverec](http://www.facebook.com/cedargroverec) or  
or call Weather Hotline #973-230-9944**

- **Who:** Children Ages 4-6 – LIMITED CLASS SIZE
- **Where:** Cedar Grove Community Center
- **When:** **Tuesdays;**  
Jan. 3, 10, 17, 24, 31, Feb. 7, 14, (skip 2/21) & 28
- **Time:** 5:00-5:45pm
- **Fee:** \$90.00/child – \$10 late fee after 12/30/22  
No refunds after program start  
**REGISTRATION WILL BE ACCEPTED ONLINE ONLY**  
<https://register.communitypass.net/TownshipofCedarGrove>
- **Description:** What to wear: Comfortable clothes with sneakers. Ballet slippers may also be worn. Creative Movement, is an introduction to dance. The class teaches the basics of self-expression through movement, visualization and audio associations. With the use of props and music, the children will explore the 4 elements of creative dance: body, space, force and time. This class will include a series of warm ups, across the floor and introduction of a movement theme. This class will also enhance balance; coordination, musicality and future develop motor skills.