



The Cedar Grove Public Library

JANUARY 2023 Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 LIBRARY CLOSED Happy New Year! 2023
1 Happy New Year!	2 LIBRARY CLOSED New Year's	3 10:30am Chair Yoga with Penny (on Zoom)	4 9am Yoga Class with Joie (on Zoom) Plan for College Webinar @7pm - Visit cbrg.info to register	5 10am Story Time 10am Strength Training with Leena (on Zoom) 1pm Movie (Ticket to Paradise)	6 Music with Miss Lynne @11 am Kids Chess @3:45 pm (age 6-13) 	7 Virtual Author Talk "The Gilded Ones Series" @2pm
8 	9 Watercolor Class w/Jane @10 am Guided Meditation @6 pm 7-8pm Overbrook Writers	10 10:30am Chair Yoga with Penny (on Zoom) 4pm Read to a Dog Registration Required 6:45 pm Readers of the Grove Book Club Plan for College Webinar @7pm - Visit cbrg.info to register.	11 9am Yoga Class with Joie (on Zoom) Movie @5pm "Tar" w/Cate Blanchett—Rated R (Snow Date Wednesday, Jan. 18)	12 10am Story Time 10am Strength Training with Leena (on Zoom) 1pm Movie (Lifemark) Library Board Meeting @6 pm	13 Music with Miss Lynne @11 am Kids Chess @3:45 pm (age 6-13)	14 
15 	16 LIBRARY CLOSED MLK DAY 	17 10:30am Chair Yoga with Penny (on Zoom) Virtual Author Talk "Decluttering at the Speed of Life" @2pm (You can view this in the library!)	18 9am Yoga Class with Joie (on Zoom) 1pm Culinary Club Meeting Presentation Cookie Decorating 3:30 pm Kids Winter Bingo Plan for College Webinar @7pm - Visit cbrg.info to register.	19 10am Story Time 10am Strength Training with Leena (on Zoom) 1pm Movie (Top Gun Maverick) 6:30 pm Cedar Readers Evening Book Club	20 Music with Miss Lynne @11 am 12pm Cedar Readers Afternoon Book Club Kids Chess @3:45 pm (age 6-13)	21 
22	23 Watercolor Class w/Jane @10 am 7-8pm Overbrook Writers	24 10:30am Chair Yoga with Penny (on Zoom) 1 pm Nutritionist Heather Shasa in the library. 4pm Read to a Dog Registration Required	25 9am Yoga Class with Joie (on Zoom) 7pm Rosemarie (Mediumship) (on Zoom)	26 10am Story Time 10am Strength Training with Leena (on Zoom) 1pm Movie (Till) 	27 Music with Miss Lynne @11 am Kids Chess @3:45 pm (age 6-13)	28 
29 	30 10am Drop In Art 7-8pm Overbrook Writers Guided Meditation @6 pm	31 10:30am Chair Yoga with Penny (on Zoom) Virtual Author Talk "What If" @2pm	Descriptions of programs on back.			

Special Events in January 2023

College Workshop Webinar

Wednesday, January 4, Tuesday, January 10 &
Wednesday, January 18 @7 pm

Parents/Teens find out more about important
Topics relating to the college admittance process.
To register go to cbrg.info

Overbrook Writers

Mondays—January 9, 23 & 30 in the library or
Join us on Zoom! A writing support and discussion
group). Regardless of whether you write in a note-
book or type on a computer, come meet other
local writers, discuss the craft, and learn more
about the tools that are out there. Email:
marrin@palsplus.org for the meeting link.

NEW YEAR, NEW YOU

Tuesday, January 24 at 1pm - Join Heather Shasa,
Registered Dietitian from ShopRite of Little Falls on
Tuesday, 1pm for a "New Year, New You"
presentation. Heather will be discussing ten ways
to incorporate healthy habits to help you optimize
your health and wellness in the new year. Look
forward to seeing you her at the library!"

Mediumship

Wednesday, January 25 @7 pm (on Zoom)
Join RoseMarie for a demonstration of
mediumship. During the event RoseMarie will bring
forth spirits who seek to make a connection with
people in the audience. Email falcone@palsplus.org
for the meeting link.

Thursday Afternoon Movies @1pm

January 5	---	Ticket to Paradise
January 12	---	Lifemark
January 19	---	Top Gun Maverick
January 26	---	Till

Culinary Club

Wednesday, January 18 @1 pm in the library.
Presentation and cookie decorating demonstration
by Jay from Mo & Jay's Pastry in Little Falls.

Regular Programs & Meetings January 2023

Watercolor Class

Mondays, January 9 & January 23
@10 am with Jane in the library.
Drop in Art - Monday, January 30 @10 am

Guided Meditation with Tori

Mondays, January 9 and January 30 @6pm in
The library. Find your center and focus.
A positive way to start off the New Year!

VIRTUAL WEEKLY EVENTS

Chair Yoga (on Zoom)

Tuesdays @10:30 am. with Penny
Stretching & exercising using a chair for support.

Yoga (on Zoom)

Wednesdays @9 am with Joie
Make sure to have a mat ready.
Various Yoga poses and meditation.

Senior Strength Training (on Zoom)

Thursdays @10 am. with Leena Kalle.
Cardio/Strength for a more healthier you!

BOOK CLUBS (held in library)

Readers of the Grove Book Club

Tuesday, January 10 @6:45 pm—Participants will be
discussing Bad Monkey by Carl Hiaasen

Cedar Readers (Afternoon & Evening Book Clubs)

Cedar Readers Afternoon Club will meet on Friday,
January 20 @12pm and will be discussing
All Creatures Great & Small by James Herriot.
Cedar Readers Evening will meet Thursday,
January 19 @6:30 pm to discuss
The Dutch House by Ann Patchett.

Early Evening Movie

Wednesday, January 11 @5pm (Snow Date, January 18)
"Tar" - Rated R starring Cate Blanchett

Cedar Grove Library Webinars & Online Events

Enjoy a range of talks from bestselling authors. Brought
to you in partnership with the Lib. Speakers Consortium.
LSC | Cedar Grove Public Library Webinars and Online
Events (libraryc.org/cedargrovelibrary)

Children's Department

Grab-and-Go Craft Bags

Each week we will have a new bag available for pickup
at the library containing a craft and several activities
related to the week's Story Time theme. Bags are first-
come; first served, so it is advised that you call the
library to schedule pick-up.

Story Time with Miss Natalie

Thursdays @10 am in the library.
Join us for this fun-filled all-ages story time with
Miss Natalie. There'll be stories, songs, and a craft!

Music with Miss Lynne

All Fridays in January @11 am
Join us for a fun, interactive music
enrichment program. Email Miss Natalie at
cheetham@palsplus.org with any questions.

Chess for Kids

All Fridays in January @3:45 pm
with instructor John Hagerty. For ages 6 to 13.
Learn new chess moves, revisit strategic old ones!
Registration required, limited seating.

Read to a Dog

Tues., Jan. 10 starting @4 pm: Minnie the Basset Hound
Tues., Jan. 24 starting @4 pm : Koko the Shiba Inu
Beautiful Therapy Dogs will be in the library, and are
looking forward to having some stories read aloud to
them by young readers! Spots are limited!
Registration required. To make sure your young reader
has a 10 minute session, please email
cedargrove.circ.services@gmail.com, or call us
at 973-239-1447.

Winter Bingo

Wednesday, January 18 (3:30 to 4 pm)
Kids of all ages are welcome to warm up at the library
with some rousing rounds of our winter-themed BINGO!
No registration required.

Library Closed

Monday, January 2
Monday, January 16