



Cedar Grove Recreation, in conjunction with *US Sports Institute*;

SPRING PROGRAMS

Track & Field: Squirts & Senior Squirts

Ages 3-4 (Squirts): Mondays 4:00-4:50pm

Ages 4-6 (Squirts): Mondays 5:00-5:50pm

Ages 5-6 (Seniors): Mondays 6:00-6:50pm

Where: Community Park -- **Dates:** April 17th-June 5th; skip 5/29 -- **Fee:** \$175.00/child

Flag Football: Squirts & Foundation

Ages 4-5 (Squirts): Tuesdays 4:00-4:50pm

Ages 6-8 (Foundation): Tuesdays 5:00-5:50pm

Ages 8-10 (Foundation): Tuesdays 6:00-6:50pm

Where: Community Park -- **Dates:** April 18th-June 6th -- **Fee:** \$195.00/child

Soccer: Parent & Me, Squirts & Senior Squirts (WEDNESDAY OR SATURDAY)

Ages 2-3 (Parent & Me): Wednesdays 4:00-4:50pm

Ages 4-5 (Squirts): Wednesdays 4:00-4:50pm

Ages 3-4 (Squirts): Wednesdays 5:00-5:50pm OR 6:00-6:50pm

Ages 5-6 (Seniors): Wednesdays 5:00-5:50pm OR 6:00-6:50pm

Ages 2-3 (Parent & Me): Saturdays 8:30-9:20am

Ages 3-4 (Squirts): Saturdays 9:30-10:20am

Ages 4-5 (Squirts): Saturdays 10:30-11:20am

Ages 5-6 (Seniors): Saturdays 11:30a-12:30pm

Where: Community Park -- **Dates:** Wed; April 19th-June 7th **or** Sat; April 22-June 17
Fee: \$195.00/child

T-Ball: Parent & Me, Squirts & Senior Squirts

Ages 2-3 (Parent & Me): Fridays 4:00-4:50pm

Ages 3-4 (Squirts): Fridays 4:00-4:50pm OR 6:00-6:50pm

Ages 4-5 (Squirts): Fridays 5:00-5:50pm

Ages 5-6 (Seniors): Fridays 5:00-5:50pm OR 6:00-6:50pm

Where: Community Park -- **Dates:** April 21st-June 9th -- **Fee:** \$195.00/child

Multi-Sports: Parent & Me and Squirts

Ages 3-5 (Squirts): Saturdays 8:30-9:20am

Ages 2-3 (Parent & Me): Saturdays 9:30-10:20am OR 10:30-11:20am

Ages 4-5 (Squirts): Saturdays 11:30am-12:20pm

Where: Community Park -- **Dates:** April 22st-June 17th -- **Fee:** \$195.00/child

REGISTRATION IS DONE THROUGH USSI,

<https://usasportgroup.com/recreation/963-cedar-grove-recreation-cedar-grove-nj>