



Township of Cedar Grove
Recreation Department
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Cedar Grove Spring Track

FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
“LIKE” US ON FACEBOOK, www.facebook.com/cedargroverec or
Call the Weather Hotline #973-230-9944

- **Who:** Boys & Girls 1th-8th grades (Gr. 1-3 Clinic; Gr 4-8 Team)
- **Where:** Panther Park – Bradford Ave., Cedar Grove
- **When:** **1st-3rd grade CLINIC;**
Tuesdays March 28, April 4, 18, 25, May 2 & 9
LIMITED SPACE IN CLINIC!

4th-8th grade TEAM;
Tuesdays & Thursdays (3/28-end of May)
**Certain Team members will participate in Meet of Champions scheduled on a Saturday in June.*
**No practice during Spring Break (week of 4/10)*
- **Time:** 5:00-6:00pm
- **Fee:** **1st-3rd grade:** \$40.00 - - **4th-8th grade:** \$90.00
LATE FEE of \$10 after 3/24/23; DEADLINE March 31st
NO REFUNDS AFTER PROGRAM START
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://register.communitypass.net/TownshipofCedarGrove>
- **Outdoor Programming information:**
 - There may be inclement weather. If a class is cancelled, you will receive an email and can also call 973-230-9944 or check the Cedar Grove Recreation Facebook page.
 - We try our hardest to make up all classes. If we cannot, please note that the price will not be adjusted.

Description: Program will be coached by Cedar Grove Resident, John Borgese, who attended Villanova on a Track Scholarship. There, he was a three time All-American, two-time national champion, and a member of a U.S. National Junior Track and Field team where he won a bronze medal in the 1982 Jr. Pan-American Games, a Penn Relay and a high school All-American. Participants of this program will train for various field events including; running, long jump and turbo javelin. The 4th-8th grade team will compete in meets with surrounding townships and parents are responsible for transportation of their child(ren) to all meets.