



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

## **SWIM TEAM**

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
“LIKE” US ON FACEBOOK, [www.facebook.com/cedargroverec](http://www.facebook.com/cedargroverec) or  
or call the Weather Hotline #973-230-9944**

- **Who:** Children Age 6 through 12<sup>th</sup> grade  
Must be able to swim one lap without stopping  
**Parents are required to volunteer through the season**
  
- **Where:** Cedar Grove Community Pool
  
- **Practices:** **Pre-Season Practices;** June 19-23, Mon-Fri, Ages 10 & under 4:00-5:00pm; Ages 11 & up 5:00-6:00pm  
**Regular Practices;** June 26-end of July, Mon-Fri, Ages 10 & under 9:00-10:00am; Ages 11 & up 10:00-11:00am
  
- Fee:**
  - \$50/child for CG Pool Members (\$100 family max)
  - \$100/child for Non-Pool Members (must contact Rec Dept for registration 973-239-1410 x220)
  - LATE FEE of \$10 after 6/2/23
  - NO REFUNDS AFTER 6/2
  - **REGISTRATION WILL BE ACCEPTED ONLINE ONLY**  
<https://register.communitypass.net/TownshipofCedarGrove>
  
- **Bathing Suit Order:**  
**TEAM PORTAL LINK:** [web.metroswimshop.com/cedargrove](http://web.metroswimshop.com/cedargrove)
  1. input the link into your web browser
  2. register with your email address, create a password and submit
  3. click on the light blue link that says "Click here to Team Portal"
  4. place your order
  
- **Description:** The Swim Team practices 5 days a week. Swimmers are required to compete in 6 to 8 meets in the North Jersey Swim League and may be eligible to participate in Divisional and Meet of Champions. There will be a total of 8 meets, parents are responsible for transportation to away meets.