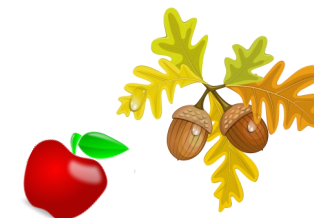





# The Cedar Grove Public Library September 2023 Calendar of Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Library Card Sign Up Month</b>  	<p><i>It only takes a few minutes to come in and obtain a card. Bring a form of ID and get ready to enjoy all of the privileges your library has to offer! No time to come in? No problem. Go to <a href="https://forms.gle/wqKCYPmWztFzKnmR7">https://forms.gle/wqKCYPmWztFzKnmR7</a> and get a temporary library card.</i></p>			<b>NO KIDS MUSIC</b> <b>NO CHESS</b>	<b>Library Closed</b> Have a safe Labor Day Weekend
<b>3</b> 	<b>4 Library Closed</b> 	<b>5</b> 10:30 am Chair Yoga (on Zoom) w/Penny  	<b>6</b> 9am Yoga (on Zoom) w/Joie <u>Read a Book Day</u> On Read a Book Day, turn off your TV, put your phone down away from you, and delve into a good book!	<b>7</b> <b>NO STORYTIME</b> Strength Training for Seniors (on Zoom) @10 am 1pm Movie (It Ain't Over) 7pm Webinar Author Talk Details on back.	<b>8</b> Music with Miss Lynne @11 am 3:45pm Chess is back! (ages 6-13)	<b>9</b> Come in we're open 9-1 
<b>10</b> Grandparents Day 	<b>11</b> Watercolor w/Jane @10 am 7-8pm Overbrook Writers Patriot Day 	<b>12</b> 10:30 am Chair Yoga (on Zoom) w/Penny 4pm Read to a Dog Registration Required 6:30 pm Friends Meeting Book Club @6:45 pm (Readers of the Grove)	<b>13</b> 9am Yoga (on Zoom) w/Joie 5pm Early Evening Movie "You Hurt My Feelings" (Rated R) 	<b>14</b> <b>NO STORYTIME</b> <b>NO STRENGTH TRAINING</b> 1pm Movie (Falcon Lake) 6pm Library Board Meeting	<b>15</b> Music with Miss Lynne @11 am Cedar Readers I Book Club Discussion @12 pm 3:45pm Chess (ages 6-13)	<b>16</b> Come in we're open 9-1 Constitution Day is on the 17th Pick up a free booklet
<b>17</b> Constitution Day 	<b>18</b> Watercolor w/Jane @10 am 7-8pm Overbrook Writers	<b>19</b> 10am Wee Read Story Time 10:30 am Chair Yoga (on Zoom) w/Penny 11am Medicare Presentation in the library Q & A Session. (Know Your Options & how the program works)	<b>20</b> 9am Yoga (on Zoom) w/Joie 12:30pm Culinary Club Meet Up 2pm Webinar Author Talk Details on back.	<b>21</b> 10am Story Time Strength Training for Seniors (on Zoom) @10 am 1pm Movie (Corner Office) 4pm Read to a dog Registration Required Cedar Readers II Book Club Discussion @6:30 pm	<b>22</b> Music with Miss Lynne @11 am 3:45pm Chess (ages 6-13)	<b>23</b> Come in we're open 9-1 First Day of Fall 
<b>24</b> 	<b>25</b> Drop In Art @10 am 7-8pm Overbrook Writers	<b>26</b> 10 am Wee Read Story Time <b>NO CHAIR YOGA</b> 7pm Jamie Novak on Zoom "Clean your closet by the weekend."	<b>27</b> 9am Yoga (on Zoom) w/Joie 8pm Webinar Author Talk Details on back.	<b>28</b> 10am Story Time Strength Training for Seniors (on Zoom) @10 am 1pm Movie (What's Love Got to Do With It?)	<b>29</b> Music with Miss Lynne @11 am 3:45pm Chess (ages 6-13)	<b>30</b> Come in we're open 9-1: 

## Special Events September 2023

### Overbrook Writers (Live & Virtual)

Mondays, September 11, 18 & 25 from 7 to 8 pm.  
(A writing support and discussion group). Come meet with other local writers to chat about the craft.  
Email: [marrin@palsplus.org](mailto:marrin@palsplus.org) for the meeting link.

### Cedar Grove Library Webinars & Online Events

*In partnership w/the Library Speakers Consortium.*

**Thursday, September 7 @7 pm**

You're invited to an intimate evening with award-winning television host and bestselling author Lidia Bastianich as she talks about her memoir *My American Dream: A Life of Love, Family, & Food*.

**Tuesday, September 20 @2 pm**

Join us as we chat with *New York Times* bestselling author Adam Alter about his new book *Anatomy of a Breakthrough: How to Get Unstuck When It Matters Most*.

**Tuesday, September 27 @8 pm**

Please tune in as we chat online with *New York Times* bestselling author Amor Towles about his incredible body of work. (*Rules of Civility*, *A Gentleman in Moscow* & *The Lincoln Highway*.)

Register for events at:

[LSC | Cedar Grove Public Library Webinars & Online Events \(libraryc.org/cedargrovelibrary\)](https://libraryc.org/cedargrovelibrary)

### Medicare Presentation

**Tuesday, September 19 @11 am**

Light refreshments, then discussion. No sign up. Questions about benefits? Need to know your options? Then, come listen to how the Medicare program works, how and when to enroll and what options might be appropriate for you. Q&A Session to follow.

### Culinary Club is Back!

**Wednesday, September 20 @12:30 pm**  
Theme: Recipes from Alton Brown

### Get Ready for Fall (Clean Out the Closet!)

**Tuesday, September 26 @7pm** Jamie Novak on Zoom. Log on & learn the 5 steps to organize any closet with expert organizer & author Jamie Novak. She'll share her insider tips and things every closet needs to stay clutter free. Plus you'll tidy live with her and learn what a capsule wardrobe is. Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for the Zoom meeting link.

## Regular Programs at the Cedar Grove Public Library

### Chair Yoga (on Zoom)

Every Tuesday in September @10:30 am with Instructor, Penny Prospero  
Yoga poses, breathing exercises all done in a chair or using a chair as support.  
(NO CLASS TUESDAY, SEPTEMBER 26)

### Yoga for Adults (on Zoom)

Have your mat ready and enjoy a relaxing start to your day with Instructor, Joie Benitez as she guides you through gentle poses & easy movements.  
Starts at 9 am every Wednesday.

### Strength Training for Seniors (on Zoom)

**Thursdays @ 10 am with Leena**  
(NO CLASS THURSDAY, SEPTEMBER 14)

### Watercolor Classes

With Jane @10 am (New participants need to register)  
Mondays, September 11 & September 18  
Drop in Art - Monday, Sept. 25 @10 am (No sign up)

### Friends Meeting

**Tuesday, September 12 @6:30 pm**

### Readers of the Grove Book Club

Book Club Discussion will take place Tuesday, September 12 @6:45 pm to talk about "This Time Tomorrow" by Emma Straub.  
Open to all. New members welcome.

### Cedar Readers Book Clubs I & II

Our evening book club will meet Thursday, September 21 @6:30 pm to discuss "The Thread Collectors" by Shaunna Edwards & Alyson Richman.  
Open to all. Copies available at the library.

Our afternoon book club will meet Friday, September 15 @12 pm to discuss "Horse" by Geraldine Brooks. Open to all. New members welcome.

### College Planning Workshop (Webinar)

**Thursday, Sept. 15 & Sept. 29 @7 pm**  
To register go to <https://cbrg.info/class-schedule/>

### Early Evening Movie

You Hurt My Feelings-Wednesday, 9/13 @5 pm  
Starring Julia Louis Dreyfus (Rated R)  
**Every Thursday @1pm join us for a movie! (See front)**

## CHILDREN'S EVENTS & STORY TIMES



### Grab and Go Bags

Craft bags resume September 5th! Crafts will not necessarily have to do with each week's story time theme. Bags are first-come, first-served.

### Wee Read Story Time is Back Again!

**Tuesdays, September 19 & September 26 @10 am** with Miss Natalie (Recommended ages 0 to 2.5 years old)  
Songs, rhymes and short stories for your little learners.

### Story Time with Miss Natalie

**Thursdays @10 am**  
(NO STORYTIME THURSDAYS, SEPTEMBER 7 & 14)  
Will resume Thursday, September 21. Join Miss Natalie in the children's section for longer stories, some rhymes and a fun craft.  
Recommended ages 2.5 to 5 years old

### Music with Miss Lynne

**Fridays in September @11 am**  
(NO MUSIC FRIDAY, SEPTEMBER 1)  
Miss Lynne is now bringing instruments to share, but families are welcome to bring their own if they feel more comfortable doing so. They would need: something to tap (rhythm sticks, spoons, etc.), something to bang (drum, Tupperware, etc.), something to shake (shaker egg, box of mac and cheese, etc.), and something to wave (scarf, towel, etc.) No sign-up is needed.

### Chess is Back!

**Fridays beginning September 8 @3:45 pm.**  
Instructor, John Hagerty will teach different strategic moves and revisit some old ones! (Ages 6-13 )

### Read to a Dog

On Tuesday, September 12 and Thursday, September 21 @4 pm a special doggie will be in the library that loves to be read to. Sign up required.  
To register email [marrin@palsplus.org](mailto:marrin@palsplus.org).

In case you didn't know, kids age 3 and up can get their own library card!

**LIBRARY BOARD MEETING - Thursday, September 14 @6 pm - Public welcome to attend.**