



**Township of Cedar Grove
Recreation Department**
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220

Cedar Grove Hitting Clinic

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;
“LIKE” US ON FACEBOOK, www.facebook.com/cedargroverec or
Call the Weather Hotline #973-230-9944**



- **Who:** Girls Ages 5-12
- **Where:** Cedar Grove High School Gym
- **When:** Saturdays February 10th-March 2nd
- **Time:** 1:30-3:00pm
- **Fee:** \$200.00/child – \$10 late fee after 12/29/23
\$60.00/child DROP-IN FEE
No refunds after program start
REGISTRATION WILL BE ACCEPTED ONLINE ONLY
<https://register.communitypass.net/TownshipofCedarGrove>

Description: Coaches, Nikki and Jackie Velardi will run a 4-day hitting clinic focusing on the mechanics, fundamentals & other intangibles necessary to be a successful hitter. By the end of the clinic, each player will have improved technique, a better mental understanding of hitting & have gained valuable tools to put them in the best position to have success at the plate.