



Township of Cedar Grove
Recreation Department
525 Pompton Ave. Cedar Grove, NJ 07009
(973) 239-1410 x220



Cedar Grove Recreation Competitive Cheerleading Evaluations & Tryouts

PLEASE READ TEAM INFORMATION BELOW BEFORE SIGNING UP

- **Who:** Children entering K-8th gr in 2024-25 school year
- **When:** March 5th (possibly March 7th if needed)
- **Where:** CGHS Aux Gym
- **Time:**
 - Kindergarten-2nd grades;** 5:00-6:00pm (Evals)
 - 3rd grade to Age 11;** 6:00-7:30pm (Evals)
 - Ages 12 & up;** 7:30-9:00pm (TRYOUTS)
 - Must be able to do a back-handspring to try-out
 - Ages are determined how old your child will be on July 31st.
 - Grades are determined by the 2024-25 school year
 - POSSIBILITY that girls will fundraise to compete in Florida
- **Fee:** \$400.00/child after your child qualifies

MUST PRE-REGISTER FOR EVALUATIONS ONLINE (NO FEE)

Description: The Recreation Competitive Cheerleading Squad is coached by Ashley San Giacomo. She has over 10 years of experience in competitive cheerleading with high school and Division 1 Collegiate Cheer Programs. Ashley cheered at La Salle University in Philadelphia, PA. Over the years Ashley has choreographed and coached teams from youth to High school in all levels of competition leading teams to Regional and National Competitions.

Team Information: Youth K-8th grade are eligible to participate. Teams will be chosen based on age, experience and skill level. Exhibition, Level 1 or Level 2. Competition Cheer is a true team sport, therefore practices are mandatory and are held Tuesdays and Thursdays in the Fall and Winter. There will also be mandatory choreography and stunt clinics. Competition season runs January through March with 6-8 local competitions and potentially one national event (Atlantic City or Hershey Park Pennsylvania, PA).

Parent Help: Being that we are undergoing some changes in coaching staff and such, we ask that parents please volunteer to help with fundraising, helping at practices, sending team emails (especially at the younger grades), etc... There will be an option upon registration if you are interested in helping.