



# The Cedar Grove Public Library February 2024 Calendar of Events 973-239-1447



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>All Ages Blind Date with a Book</u> Pick up a wrapped book at the library, take it home to read and fill out the rate sheet included with your book. It's fun and mysterious and, who knows, maybe you'll enjoy a good read and fall in love! With every book you rate, your name will be entered to win a prize! <b>Good Luck!!</b></p>				<p><b>1</b> 10am Story Time Strength Training for Seniors (on Zoom) @10 am w/Leena 1 pm Movie (Groundhog Day)</p>	<p><b>2</b> Music for Kids with Miss Lynne @11 am Kids Chess @3:45 pm (ages 6-13) Groundhog Day </p>	<p><b>3</b> <b>Puzzle Exchange (details on back)</b></p>
<p><b>4</b> <i>Blind Date with a Book</i> </p>	<p><b>5</b> <b>Drop in Art @10 am</b> 7-8pm <b>Overbrook Writers in the library on Zoom or Discord</b></p>	<p><b>6</b> 10 am Wee Rhyme &amp; Read 10:30am Chair Yoga w/Penny on Zoom 4 pm Read to a Dog Registration Required 7 pm College Planning Webinar Register at <a href="http://cbrg.info">cbrg.info</a></p>	<p><b>7</b> 12pm Presentation On how to get the most from your Social Security Benefits by Steven Wulin, Financial Advisor</p>	<p><b>8</b> 10am Story Time Senior Strength Training (on Zoom) @10 am w/Leena 1 pm Movie (Never Give Up) 4 pm Library Board Meeting *Virtual Author Talk @8pm</p>	<p><b>9</b> Music for Kids with Miss Lynne @11 am Kids Chess @3:45 pm (ages 6-13)</p>	<p><b>10</b> <b>Puzzle Exchange (details on back)</b></p>
<p><b>11</b> <b>Super Bowl Sunday</b> </p>	<p><b>12</b> <b>Watercolor Class @10 am</b> 7-8pm <b>Overbrook Writers in the library, on Zoom or Discord</b></p>	<p><b>13</b> 10 am Wee Rhyme &amp; Read 10:30am Chair Yoga w/Penny on Zoom Friends Meeting @6:30 pm Readers of the Grove Book Club @6:45 pm</p>	<p><b>14</b> <i>Happy Valentine's Day</i> Wednesday, February 14<sup>th</sup> @3:30pm - Kids: Make a Conversation Heart Wreath. Registration is required. See back for details.</p>	<p><b>15</b> 10am Story Time Senior Strength Training (on Zoom) @10 am w/Leena 1 pm Movie (My Sailor, My Love) 4 pm Read to a Dog Registration Required Cedar Readers Book Club @6:30 pm</p>	<p><b>16</b> Music for Kids with Miss Lynne @11 am Cedar Readers Book Club @12 pm Kids Chess @3:45 pm (ages 6-13)</p>	<p><b>17</b> 1 pm Movie "The Holdovers" Rated R</p>
<p><b>18</b> </p>	<p><b>19</b> LIBRARY CLOSED FOR PRESIDENTS' DAY </p>	<p><b>20</b> 10 am Wee Rhyme &amp; Read 10:30am Chair Yoga w/Penny on Zoom *Virtual Author Talk @4pm 7 pm College Planning Webinar Register at <a href="http://cbrg.info">cbrg.info</a></p>	<p><b>21</b> Culinary Club 12:30 pm Theme: Eponymous Foods</p>	<p><b>22</b> 10am Story Time Strength Training for Seniors (on Zoom) @10 am w/Leena 1 pm Movie (Waitress, The Musical)</p>	<p><b>23</b> Music for Kids with Miss Lynne @11 am 1 pm Atrial Fibrillation &amp; Cholesterol Presentation plus Blood Pressure Screening. Kids Chess @3:45 pm (ages 6-13)</p>	<p><b>24</b> <i>Blind Date with a Book</i> </p>
<p><b>25</b> </p>	<p><b>26</b> <b>Watercolor Class @10 am</b> 7-8pm <b>Overbrook Writers in the library, on Zoom or Discord</b></p>	<p><b>27</b> 10 am Wee Rhyme &amp; Read 10:30am Chair Yoga w/Penny on Zoom</p>	<p><b>28</b> *Virtual Author Talk @2pm</p>	<p><b>29</b> 10am Story Time Strength Training for Seniors (on Zoom) @10 am w/Leena 1 pm Movie (Leap Year)</p>	<p><b>*For Virtual Author Talks register at:</b> <a href="http://LSC Cedar Grove Public Library">LSC Cedar Grove Public Library</a> <a href="http://Webinars and Online Events">Webinars and Online Events</a> <a href="http://(libraryc.org/cedargrovelibrary)"> (libraryc.org/cedargrovelibrary)</a></p>	

## Special Events FEBRUARY 2024

### Puzzle Exchange

Saturdays, February 3 & February 10, 2024 (9am to 1pm)  
Don't know what to do with an old puzzle? Bring it to the library and swap it for another!  
Please make sure all puzzle pieces are available.

### Overbrook Writers Virtual and In House

Mondays, February 5, 12, & 26 from 7 to 8 pm  
(A writing support and discussion group). Regardless of whether you write in a notebook or type on a computer, come meet other local writers, discuss the craft, and learn more about the tools that are out there.  
Email: [marrin@palsplus.org](mailto:marrin@palsplus.org) for the meeting link.

### Library Board Meeting

Thursday, February 8 @4 pm.  
Public is welcome to attend.

### A Closer Look at Your Social Security Benefits

Wednesday, February 7 @12 pm. (If you wish, bring a bagged lunch Topics covered will include individual benefits, benefits for married couples, & how to get the most out of your benefits. There is no cost to attend but sign up is recommended. Don't miss out on the information you need about your Social Security Benefits.  
Walk-ins welcome.

### Friends of the Library Meeting

Tuesday, February 13 @6:30 pm

### Saturday Afternoon Movie

February 17 @1 pm  
"The Holdovers" (Rated R)  
Running Time: 2 Hours, 13 Minutes

### Atrial Fibrillation & Cholesterol

Friday, February 23 @1 pm in the library.  
Join Silvia Calderon, APN, from Cooperman Barnabas Medical Center as she discusses the relationship between an irregular heartbeat and cholesterol.  
Followed by Blood Pressure Screenings.  
Sign up recommended, walk-ins welcome.

Don't forget to go on a Blind Date with a Book!!

All wrapped and ready to go.

## Regular Programs

### Watercolor Classes

Mondays, February 12 & 26  
@10 am with Jane.

Drop In Art - Monday, February 5v@10 am.

### Chair Yoga (on Zoom)

Every Tuesday in February @10:30am  
with Instructor, Penny Prosperi. Yoga poses, breathing exercises all done in a chair or using a chair as support.

### Strength Training for Seniors (on Zoom)

Thursdays in February @10 am with Instructor, Leena Kalle. Cardio, strength for a more fit healthier you!  
Email [falcone@palsplus.org](mailto:falcone@palsplus.org) for the zoom link .

### Readers of the Grove Book Club

This month's book club will meet on Tuesday, February 13 @6:45 pm to discuss "84, Charing Cross Road" by Helene Hanff & "Love Lettering" by Kate Clayborn.  
New participants welcome  
for good conversation, no sign up required.

### Cedar Readers Book Clubs I & II

The Evening Book Club (Cedar Readers II) will meet Thursday, February 15 @6:30 pm to discuss "The Good Sister" by Sally Hepworth.  
The Afternoon Book Club (Cedar Readers I) will meet Friday, February 16 @12 pm to discuss "Lessons in Chemistry" by Bonnie Garmus  
All are welcome to attend, no sign up required.

### Culinary Club Meet Up

Wednesday, February 21 @12:30 pm  
Theme: Eponymous Foods

### Thursday Afternoon Movies

@1 pm See front of calendar for titles.

### Cedar Grove Library Webinars & Online Events

Enjoy a range of talks from bestselling authors.  
Brought to you in partnership with the Library Speakers Consortium. [LSC|Cedar Grove Public Library Webinars and Online Events \(library.org/cedargrovelibrary\)](https://library.org/cedargrovelibrary)

Library Closed—Monday, February 19

## CHILDREN'S EVENTS

### Grab and Go Bags

Each week we will have a new bag available for pick-up at the library containing a craft and several activities related to the week's Story Time theme. Bags are first-come; first-served, so it's advised that you call the library to schedule a pick-up.

### Wee Rhyme & Read

Tuesdays @10 am with Miss Natalie in the library.  
(Recommended ages 0 to 2.5 years old)  
Songs, rhymes & short stories for your little learners.

### Story Time w/Miss Natalie

All Thursdays in February @10 am  
Join us for this fun-filled all-ages story time with Miss Natalie. There'll be stories, songs, and a craft!

### Music with Miss Lynne

All Fridays in February @11 am  
Join us for a fun, interactive music enrichment program. Email Miss Natalie at [cheetham@palsplus.org](mailto:cheetham@palsplus.org) with any questions.

### Kids Chess

All Fridays in February @3:45 pm  
(Ages 6-13) with Instructor, John Hagerty.  
Learn to play or refresh strategic chess moves.  
Registration required. Class size limited.

### Read to a Dog

Tues., Feb 6 starting @4 pm Minnie the Basset Hound & Thurs., Feb. 15 starting @4 pm Koko the Shiba Inu  
Therapy Dogs will be in the library, and want stories read aloud to them by young readers! Spots are limited! Registration required. To make sure your young reader has a 10 minute session, please email [cedargrove.circ.services@gmail.com](mailto:cedargrove.circ.services@gmail.com) or call 973-239-1447.

### Children's Valentine Craft

Wednesday, February 14<sup>th</sup> @ 3:30pm  
Children are invited to come and craft a sweet Conversation Heart Wreath for Valentine's Day.  
Registration is required. Sign up each child individually at <http://bit.ly/cgplvalentine24>