

## Township of Cedar Grove Recreation Department

525 Pompton Ave. Cedar Grove, NJ 07009 (973) 239-1410 x220



## **Cedar Grove Football Summer Nights Clinic**

FOR CANCELLATIONS DUE TO INCLEMENT WEATHER; "LIKE" US ON FACEBOOK, <a href="https://www.facebook.com/cedargroverec">www.facebook.com/cedargroverec</a> or Call the Weather Hotline #973-230-9944

• Who: Children Entering 2<sup>nd</sup> -8<sup>th</sup> Grade in September

• Where: Cedar Grove High School Field

• **When:** July 15<sup>th</sup>-18<sup>th</sup>

• <u>Time:</u> 6:00-8:00pm

• <u>Fee:</u> \$150.00/child – \$10 late fee after 6/21/24

No Refunds after 6/21

Registration will be taken online only;

https://register.communitypass.net/TownshipofCedarGrove

## • Outdoor Programming information:

- There may be inclement weather. If a class is cancelled, you will receive an email and can also call 973-230-9944 or check the Cedar Grove Recreation Facebook page.
- We try our hardest to make up all classes. If we cannot, please note that the price will not be adjusted.

<u>Description:</u> Cedar Grove HS Head Coach, Rob Gogerty, Staff and HS Players are ready to work with players to enhance their game! The Cedar Grove Football Clinic provides a great opportunity for players to enhance agility, skills, and technique. Sessions will feature multiple drill stations and training techniques focusing on the fundamentals and teaching the proper mechanics of all aspects of the game. We recommend that all players attending the clinic bring the following: Cleats/Sneakers (no metal cleats) and plenty of water!