



**Township of Cedar Grove  
Recreation Department**  
525 Pompton Ave. Cedar Grove, NJ 07009  
(973) 239-1410 x220

## **SWIM TEAM**

**FOR CANCELLATIONS DUE TO INCLEMENT WEATHER;  
“LIKE” US ON FACEBOOK, [www.facebook.com/cedargroverec](http://www.facebook.com/cedargroverec) or  
or call the Weather Hotline #973-230-9944**

- **Who:** Children Age 6 through 12<sup>th</sup> grade  
Must be able to swim one lap without stopping  
**Parents are required to volunteer through the season**
- **Where:** Cedar Grove Community Pool
- **Practices:** **Pre-Season Practices;** June 11, 13, 14, 18 & 20  
Ages 10 & under 4:00-5:00pm; Ages 11 & up 5:00-6:00pm  
**Regular Practices;** June 24-end of July, Mon-Fri, Ages 10 &  
under 9:00-10:00am; Ages 11 & up 10:00-11:00am
- **Fee:** \*\$60/child for CG Pool Members  
\*\$110/child for Non-Pool Members (must contact Rec  
Dept for registration 973-239-1410 x220)  
\*LATE FEE of \$10 after 6/2/24 \*NO REFUNDS AFTER 6/2/24  
\***REGISTRATION WILL BE ACCEPTED ONLINE ONLY**  
<https://register.communitypass.net/TownshipofCedarGrove>
- **Bathing Suit Order (NEW SUITS THIS YEAR):**  
**TEAM PORTAL LINK: [www.metroswimshop.com/cedargrove](http://www.metroswimshop.com/cedargrove)**
  1. input the link into your web browser
  2. register with your email address, create a password and submit
  3. click on the light blue link that says "Click here to Team Portal"
  4. place your order
  5. **DEADLINE TO ORDER SUITS is 6/2/24.** All suits will be set to the  
Recreation Department for distribution (unless you order directly from company  
after the deadline and you will have to then pay shipping)
- **Description:** The Swim Team practices 5 days a week. Swimmers are required to  
compete in 6 to 8 meets in the North Jersey Swim League and may be eligible to  
participate in Divisional and Meet of Champions. There will be a total of 8 meets,  
parents are responsible for transportation to away meets.  
**Important Dates:** Swim-a-Thon July 13<sup>th</sup>. Swim Team Party July 25<sup>th</sup>.