

**Township of Cedar Grove Recreation Department** 525 Pompton Ave. Cedar Grove, NJ 07009 (973) 239-1410 x220

## Cedar Grove Girl's Volleyball Summer Nights Clinic

FOR CANCELLATIONS DUE TO INCLEMENT WEATHER; "LIKE" US ON FACEBOOK, <u>www.facebook.com/cedargroverec</u> or Call the Weather Hotline #973-230-9944

• ]	Who:	Girls Entering 3 <sup>rd</sup> -8 <sup>th</sup>	Grade in September
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- <u>Where:</u> Cedar Grove High School Gym
- <u>When:</u> Mondays: July 1, 8, 15, 22, 29
- <u>Time:</u>  $3^{rd}/4^{th}$  5-6pm;  $5^{th}/6^{th}$  6-7pm;  $7^{th}/8^{th}$  7-8pm
- <u>Fee:</u> \$125.00/child \$10 late fee after 6/28/24 No Refunds after 6/28 Registration will be taken online only; <u>https://register.communitypass.net/TownshipofCedarGrove</u>

**Description:** Cedar Grove High School Panther Volleyball's coaching staff and team are ready to work with players to enhance their abilities and foster a love for the game! Each hour-long session offered through the Cedar Grove High School Youth Volleyball Clinic provides a tremendous opportunity for players to enhance skills and technique related to passing, setting, hitting, serving and more! Sessions will feature multiple drill stations focusing on the fundamentals and teaching the proper mechanics of all aspects of the sport while also having players participate in games and fun challenges. We recommend that all players attending the clinic bring shoes and clothing comfortable for playing volleyball and plenty of water!